

The Inside Track

December 2007/January 2008

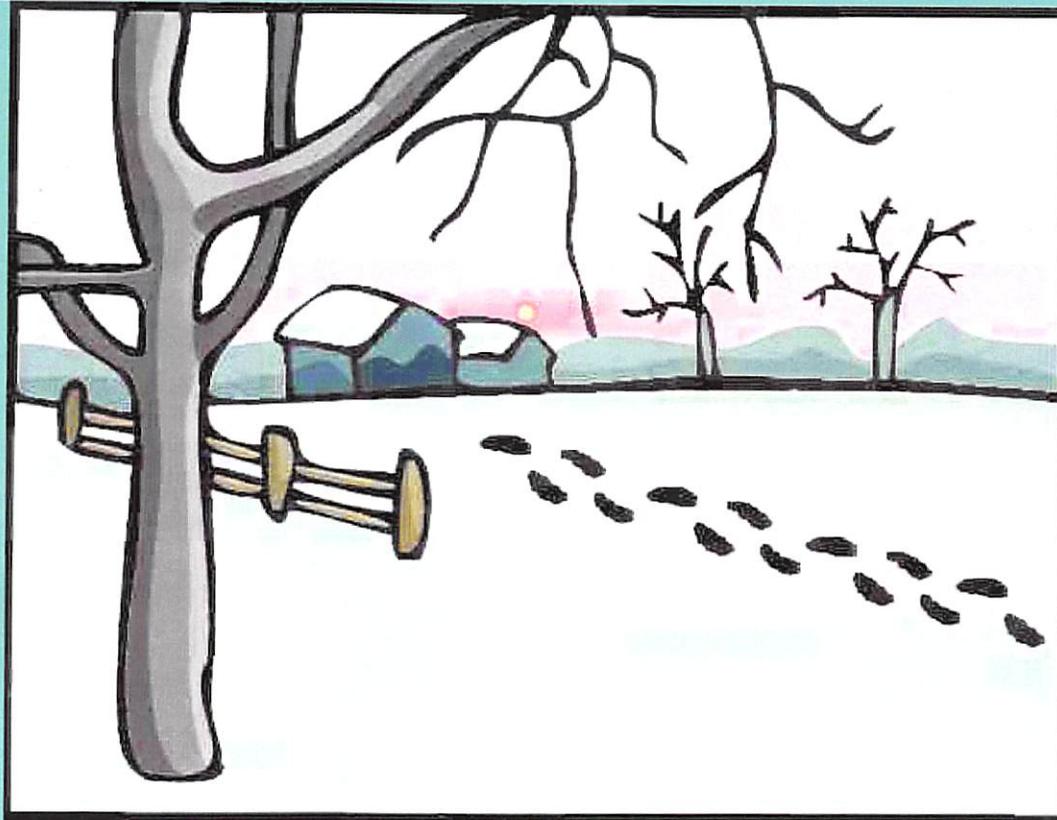
FORT WAYNE



TRACK CLUB

**"The man who can
drive himself
further once the
effort gets painful
is the man who
will win."**

Roger Bannister



In this edition:

- **Help!**
- **Shaping for a
Holiday Season**
- **Run Your Age**
- **A Tale of Two Cities**
- **Carroll's
Sensational Cross-
Country Season**

Full Results from:

- **Riley 5 Miler**
- **River City Rat Race**
- **Jingle Bell 5K**
- **Turkey Trot 5K**
- **Galloping Gobbler 4M**

Upcoming Fort Wayne Track Club Races!

- **February 9--Fanny Freezer 5K**
- **March 22--Nutri-Run 20K & 5M**

Visit our website at www.fwtc.org

2007 Fort Wayne Track Club Officers and Board Members

Officers

President: Barrie Peterson 637-5717 peterson63@verizon.net
 Vice President: Bill Harris 657-5012 bharris@mossharris.com
 Treasurer: Don Lindley 432-5998 lindleyd44@verizon.net
 Secretary: Tammy Behrens 625-3830 ptraining@comcast.net

Board Members

Blanchette 484-4620 blanchette932@comcast.net
 Boylan 493-2383 bylndave@netscape.net
 Burner 710-1703 katydid0512@yahoo.com
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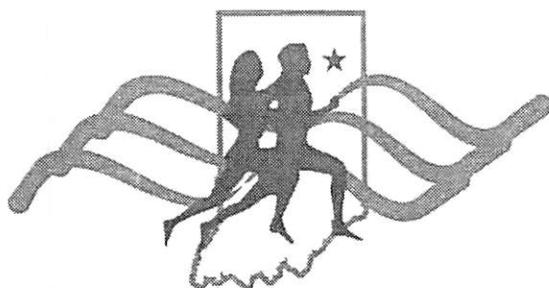
FWTC Board Meetings

All FWTC members are welcome to attend. Meetings are held in the
 Dons room in the Gates Sports Center at IPFW at 7 PM.

Upcoming meetings

- December 12
- February 7
- March 14

FORT WAYNE



TRACK CLUB

FWTC Coordinators

Points Race Coordinator

Tom Landis 693-3526 ltg541tl@gmail.com

Membership Coordinator

Don Lindley 432-5998 lindleyd44@verizon.net

Equipment Coordinators

JP Jones 745-7339 jamespjones@verizon.net

Don Lindley 432-5998 lindleyd44@verizon.net

Newsletter

Matt Parker 485-1991 matthew.c.parker@hotmail.com

Website

Tom Digate 918-2888 tom@digate.us

Race Directors Coordinator

Steve Hilker 434-1119 smhilker@verizon.net

Youth Coordinator

Phil Suelzer 486-1745 tri_kerl@yahoo.com

Marketing Coordinator

Kathy Burner 710-1703 katydid0512@yahoo.com

Membership Dues

There is a membership application in this newsletter. Your dues keep the club running.
 Renew your membership today!

FWTC Information

Fort Wayne Track Club
 PO Box 11703, Fort Wayne, IN 46860-1703
 (260) 436-2234
 www.fwtc.org

The FWTC is a member of the RRCA, Club #23

Inside this Issue

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HELP!
President's Column
Barrie Peterson

Fort Wayne Track Club—Don Lindley; Don Lindley—Fort Wayne Track Club. The two are synonymous and have been ever since the inception of the club. Now that Don is “retired” from the regular nine to five work force, it seems that his duties for the club have increased rather than decreased. This has happened for a number of reasons—most of them good: 1.) Our track club membership has increased by leaps and bounds over the years; 2.) The track club has increased the number of races that it directly sponsors and/or assists; 3.) The club has more equipment available for help in the management of road races; 4.) Our treasury has increased with much more time required to keep books, keep track of membership, etc. This is all well and good, but Don is the one who bears the brunt of getting all of these things done, from membership to equipment facilitation, to race management, to treasurer work, and on and on! Only a dedicated FEW are able to help with equipment and race management, etc.

In recent FWTC officers’ meetings, Don has expressed the following ideas to help him alleviate some of the time he currently spends on track club business and allow him more family time and a REAL retirement life style:

1. We need more volunteers to learn chip timing and other race management duties—with over 500 track club members, there must be a few able bodied and interested members who could help out in this capacity.
2. Perhaps there is someone who could better store our equipment and help to organize getting it out to needed road race venues. That person would not necessarily have to be at all races, but

simply assign volunteers to help get this job done.

3. Don is willing to give up his long-held duties as club treasurer. This would help greatly in reducing time spent on track club business.

My request as current track club president is for club members to step up and HELP in these areas. Please take a moment to fill out the following form and return it to: Barrie Peterson, 1637 Traders Crossing, Fort Wayne, IN 46845. Please do so ASAP.

Thank you for your anticipated quick response and continued Good Running to you ALL!!

Barrie Peterson

Name:

Address:

Phone Number: _____

**I would like to help in the following capacities:
(PLEASE CHECK)**

- Learn chip timing _____
- Store and manage the assignment and delivery of club equipment _____
- Serve as treasurer for an open-ended period of time _____



Fort Wayne Track Club presents the

Fanny Freezer 5 km

Saturday, February 9, 2008 2:00pm

Shoaff Park 6401 Saint Joe Rd. Fort Wayne

Entry Fee: \$3.00 for FWTC members
\$4.00 for non-members

Awards: 1st Place Male and Female Overall
Top 2 places in each age group

Registration: Race Day only, starting at
1:00pm

Contact: Sarah Kleinknight (260) 456-3261
Mac McAvoy (260) 8245158
clanmac@adamswells.com

Fort Wayne Track Club Special Awards
2007 Award Nomination Form

Help the Fort Wayne Track Club recognize the achievements of club members and supporters by nominating them for a club award. People nominated must be a FWTC member. Awards will be given at the banquet on Sunday February 10th. Nomination deadline is January 25, 2008

2007 Award Categories:

1. Spirit of Running Award

This award celebrates the contribution of a member who takes time both to run, walk, volunteer, and cheer on others at races and club events. His/her ever present positive attitude and constant smile send a healthy message to everyone about the benefits of all running for fitness and fellowship.

Nomination: _____

2. Volunteer of The Year

Volunteers truly help the FWTC keep running well! Every activity, event, and service is accomplished by volunteers. We are very, very fortunate to have a core group of dedicated people who help make things happen. Our recipient this year definitely has given many hours to the FWTC.

Nomination: _____

3. Golden Shoe Award

This award is given to recognize a member who has given generously in time, effort, and financially. The recipient finds time to contribute his time, talent, and finances to FWTC. The FWTC officers select this winner with consideration of nominations.

Nomination: _____

4. President's Award

This award is an award, subject to the whims of the President and can be anything the President makes it.

Please send nominations to Tillapau@ipfw.edu or mail to J.Tillapaugh
4635 Indiana Ave. Fort Wayne, Indiana 46807

FWTC Board Meeting Minutes

October 10, 2007

Board Members Present: Don Lindley, Barrie Peterson, Kerry Blanchette, Dave Boylan, James P. Jones, Sarah Kleinknight, Tom Landis, Mac McAvoy, Mike Slaubaugh, Judy Tillapaugh, Michael Yann

Members Not Present: Tammy Behrens, Bill Harris, Kathy Burner, Tom Digate, Lynne Feiertag, Mike Fruchey, Jim McKinnon, Matt Parker, Jeremy Schmidt, Phil Suelzer

Guests Present: Mike Thurston, Nutri-Run Race Director

1. The meeting was called to order by Mac McAvoy at 7:03pm. The opening prayer was given by Don Lindley. Refreshments were provided by Mac McAvoy. Opening prayer and devotions for the November meeting will be given by Tammy Behrens. Refreshments will be provided by Sara Kleinknight.

2. The minutes from the September meeting were presented by Barrie Peterson – president. JP Jones made a motion to approve the September minutes, Mac McAvoy seconded that motion, and all present approved the minutes.

3. Treasurers and Membership Report: Don Lindley presented the September treasurers report, quarterly report, and membership report. There are currently 511 members. Runners on Parade and Parlor City Trot financial reports were reviewed and discussed.

Don submitted to the board a complete log of time allocated to the FWTC. Records indicate that over a 4 week period he does 45 volunteer hours per week for the FWTC. 50% of the hours is related to Treasurers responsibilities. The other 50% of the hours is given to membership, equipment management, race registration, finish line scoring, and event result responsibilities. He mentioned that he would be interested in dropping his Treasurers duties if a qualified person expressed interest in the duties.

Old Business:

4. Newsletter Information: Matt Parker was not present. November 15th is the deadline for the next newsletter which will be the December/January issue.

5. 33rd Annual Parlor City Trot update will be given by Mac McAvoy. There were 340 participants, a course record by Fernando Cabada from Fresno, CA. He has qualified for the US Olympic trials. 150 people in the 5km walk, a record number.

6. Mike Slaubaugh gave a report on the new Run For Riley 5 miler which will be Sunday October 14th. He said Jim Berry, race director, is well organized and is grateful for the FWTC assistance.

7. Mike Thurston reported on the Nutri Run and Walk which will be Sat. March 22, 2008 at The Chapel. NEW start time – 11am. He plans to keep the same course. Safety assistance will be provided by Whitley County and Allen County officers. Event promotion, sponsorships, volunteer needs, and incentives were discussed.

8. Judy Tillapaugh reported that the February 10, 2008 FWTC banquet plans are progressing well. More details to be given next month.

9. Don Lindley has purchased a new sound system and stand for the FWTC.

10. FWTC officers will meet and have lunch with Tommy Bell, new IPFW Athletic Director, on Tuesday October 16th. Barrie invited others to come to if interested. The focus of the meeting will be to get to know Tommy, learn about athletic department goals, and discuss potential future partnerships like the FWTC assisting with NCAA Division I Regional Cross Country Championships.

New Business:

11. Barrie shared a report on high school cross country season. This Saturday is the area regional competition at West Noble High School. The Semi State Championship races will be Saturday October 20th at IPFW Plex athletic fields. Women race at 2:30 pm, men at 3 pm.

12. Barrie shared a report on area college cross country competitions. He said NAIA rankings list Indiana Tech men's cross country team as 4th in the region and 20th in the nation. Indiana Tech women's cross country team is listed as 2nd in the region and 10th in the nation

13. The FWTC needs more FWTC members to volunteer at events. All club events and services are possible due to volunteers. Help is especially needed for finish line assistance, race scoring, and chip timing.

14. A discussion on the 2008 FWTC Point Series will be discussed more at the November meeting.

15. Judy recommended that the FWTC update and print more FWTC brochures. It serves as a FWTC marketing/promotion and membership information piece that can be distributed at sites throughout the Fort Wayne area

16. The next FWTC officers meeting will be held on Tuesday, October 30th, noon at Panera Bread - Jefferson Point. The next FWTC board meeting will be held at IPFW on November 14th at 7 p.m. with a social time of 6:45 p.m.

17. A motion to adjourn was made by Don Lindley with second by JP Jones.

Respectfully Submitted,
Judy Tillapaugh – Substitute Secretary

FWTC Membership Renewals

It is that time of the year to renew your Fort Wayne Track Club membership. If the mailing label on your newsletter has the year "2007" on it, your membership expires at the end of the calendar year, December 31, 2007. Join for three years and get one year for free! Membership application can be found at www.fwtc.org or the back of the newsletter.

Thank You to Turkey Trot Volunteers!

Angie Lockwood	JP Jones
Barb Scroggum	Kathy Burner
Betty Greiger	Katrina Loucks
Brad Thomas	Kerry Blanchette
Bud Stiffler	Mac McAvoy
Chad Ware	Mike Slaubaugh
Dana Budd	Noel Hupp
Dave Boylan	Ron Zartman
Helen Ryan	Tom Landis
Joe Ziegler	John McPherson

Shaping a Healthy Holiday Season

By: Judy Tillapaugh

The Holiday season is a special time for celebrations with family, friends, and co-workers. Yet the "to do" list grows and temptations to break away from a fitness routine and over indulge at food tables are plentiful. Healthful intentions get skipped and the chance for a higher blood pressure, blood sugar, blood cholesterol, or other problems can increase.

This does not have to happen. We can keep health in the holidays. We can shape the season such that it is primarily full of peace and joy and not saturated with stressors that strip away healthy habits.

Feel Good and Feel Fit During the Holidays By:

1. Focusing On The Reasons For The Season

Healthy choices begin with healthy thoughts. Prepare for the holidays by focusing on the main reasons for the season. Think about what you "can do" to enjoy family, friends, fitness, and food with less stressors and without too many extras. Make this a priority. Make a list!

Have an attitude of gratitude. Research does indicate that we will feel less stressed and happier if we focus on being thankful for all we have. So as the "to do" list is written, write at the top the "High Five" pleasures in your life.

2. Planning For Nutritious Foods and Beverages

Continue a healthy eating routine that includes 3 meals and 1 -2 snacks daily. Primarily design meals that offer: lean meats, poultry, fish, egg, or beans for protein; fresh fruits and vegetables; whole grain breads, pastas, rice, potato, or cereals, and lean dairy choices. A meal has at least a protein source, starchy carbohydrate, fruit or vegetable. Print and post breakfast, lunch, dinner, and snack ideas so you can refer to it as often as needed.

- Plan to decide before a party or gathering what you will eat and drink. You will feel better the next morning.
- Plan to have a small snack before a special meal. Beginning a meal started will trigger you to eat fast and out of control.
- Plan for simple & tasty meals. Offer an entree, one side dish, vegetable or salad, fruit, and a dessert if desired. The less to choose from the less we tend to eat.
- Plan to take nutritious food to special events like a fresh colorful vegetable tray, crisp colorful salad with light dressing, fresh fruit tray, lean dip with baked chips, or a light dessert.
- Plan to modify recipes slightly to make them more heart healthy.
- For example
- instead of regular sour cream, cheese, or whole milk use the low fat or non fat versions
- 2. instead of bacon or sausage use lean fresh pork, lean ham, or lean beef
- instead of fried chips or french fries try a baked chips or lean oven fried baked potatoes
- Plan for favorite foods. If they are labeled "no" chances are the more you will want them and you'll eat more than you really wanted.
- Plan to limit portions. Extra weight comes from extra calories. It's those extra servings that cause us to get more calories than we need. 1 pound of fat is about 3,500 calories. No one gains fat fast yet just an extra 500 calories a day most days of the week will promote a pound a fat gain a week.
- Plan to skip or go easy on special sauces, toppings, dips, and spreads. Just one tablespoon of fat has 100 calories. Limit extras to prevent extra calories.
- Plan few alcoholic drinks. Limit to one to two servings daily if you choose to drink. One drink is 12 ounces of beer, 4 ounces of

wine, or 1.5 ounces of liquor. Alcohol can stimulate the appetite, impair judgement, impair drinking skills, be hard on the liver, and can trigger mood changes.

- Plan to buy and serve non alcoholic beverages like club soda, sparkling water, herbal teas, high chocolate, and high vitamin "C" juices.
- Plan to spend minimal time near food and beverage tables. Once you select food and drinks, move to a nother area so you are not tempted to "stand and pick and eat."
- Plan for "Over Do It Days!" Do not dwell on them. We are not perfect. Don't be too hard on yourself. What counts is what we do 90% of the time. If it happens, begin a new day with renewed intentions.

3. Scheduling Time For Fitness

There is a lot of competition for time and energy during the holidays. Fitting in fitness can be difficult yet you deserve time for fitness and it will help you feel less stressed, more energized, and less likely to gain weight. Aim for 30 to 60 minutes of fitness activities most days of the week.

Fitness Ideas:

- Do aerobic shopping. Begin you shopping trips by walking the full perimeter of a store or to check out all the purchase options and sales then go back and make purchase decisions.
- Turn on holiday music and move to the music as you complete clean the house or prepare for a party.
- Gather friends or family members for holiday walks, dancing, skating, or caroling.
- Plan to play active games during holiday family gatherings or parties.
- Take a de-stress walk after work for 10- 15 minutes , take deep breaths along the way and unwind.
- Sign up for a holiday fitness class at a local fitness center.
- De-stress at work by stretching at the desk, walking during a breaks, and taking deep breaths every 15 to 20 minutes.

4. Fitting In Free Time For Yourself

Take care of you! Give yourself the gift of wellness by planning time for you. This will relax and re-charge the mind and body to enable you to give more quality time to others. Write down 5 -10 activities you could do to "take a break" like listening to favorite music, watching a funny movie, reading a book or magazine, having a massage, enjoying a long bath, attending a local play, calling a friend, writing, or just do nothing.

5. Making Time For Family and Friendships

The best presents come in small packages. Pass on the gift of peace, hope, and love with a smile, hug, listening ear, hand shake, or quality time to spouse, family, friends, and co-workers. These memories will last. Healthy Holidays!

Good Resources: www.eatright.org, www.cookinglight.com, www.aicr.org, www.cancer.org, www.americanheart.org, www.americanonthemove.org, and www.fruitsandveggiesmoreamers.org, <http://Mypyramid.gov>, www.nhlbi.org

Sports Nutrition resources: www.nancyclarkrd.com Nancy Clark's Sports Nutrition Guidebook and Endurance Sports Nutrition by Suzanne Girard

Peace to you,
Judy Tillapaugh, RD
IPFW Wellness/Fitness Coordinator
Tillapau@ipfw.edu

Run Your Age!

By: Chris Croy

To many non-runners, those of us who enjoy going on a 5, 10, or 15 mile run are an odd sort. They simply cannot understand why a person would want to sweat and labor and huff and puff for miles on purpose! And if you are not a young high school or college athlete, then why would you do this as an "older" person? Why don't you just "act your age!?" Obviously, these sedentary individuals have not experienced the joys of being fit and challenging themselves to accomplish feats that they never would have imagined possible, even as an older person.

I recently decided to attempt such a challenge in my own running as a 51 year old. When I was in my lower 20's, I would "run my age" on or around my birthday. At the age of 26, I got married and became busy as a husband, father, and provider. Unfortunately, running took a back seat for approximately 18 years. Then I started to get back into shape and train again. Recently, I thought about how neat it would be to run my age again. But I'm 51 years old! Number one, how could I find a 51-mile long race? And number two, how could I possibly run 20 miles more than my previous longest run? The answer came on October 27, just four days after my 51st birthday.

While most of you were dreaming of your mile splits in the upcoming Rat Race 10K, I was getting out of bed at 2:30 a.m. so I could leave at 3:30 a.m. Destination: Chicago and the 50/50 Ultrarun. This is a combined 50 mile run and 50K run. Having run the HUFF 50K three times, I had decided to attempt the 50 mile run. Those 50 miles along with one mile warmup/cooldown would enable me to accomplish my goal of running my age. True to the weather forecast, it rained the entire three hour drive to the shore of Lake Michigan. However, the Lord provided a perfect day for running with no rain, mostly overcast skies, temperatures in the mid -50's, and light winds out of the west.

While many of you were preparing to see how fast you could go for 10K, I was preparing to see how slow I could go for 50 miles. I realized that I would feel great at the beginning, but I also knew that if I didn't hold back, I wouldn't last the whole 50 miles. I decided to run approximately 3 minutes slower per mile than my usual training pace of 8:30/mile, an 11:30/mile pace.

Sure enough, I felt great, but I was able to gently jog my own race and ignore the pace of the other runners. The race consisted of a short 1 1/2 mile circuit followed by three 16.16 mile out and back routes. I felt very good, focused and under control. I stayed well hydrated, stopping twelve times to refill my water bottle and nine times to use the restroom! I never breathed hard or felt "tired." I was just out for a stroll! That was the first lap!

But it continued for the 2nd lap as well, miles 19-34. The final 16 miles was uncharted territory for me. As the final lap began, the pounding on the bike trail pavement began to take its toll. My heart and respiratory system said I was fine, but my joints, muscles and tendons were complaining. I recalled reading something where Don Lindley said, "Just concentrate on RFP." (Relentless Forward Progress) And that is what I did. Though I slowed down a little, I just kept going, going, going. There were two times when I could tell my hamstrings were on the verge of going into severe cramping on this final lap. I walked for about two minutes the first time this occurred and one minute the second time, and that seemed to alleviate problems. I also encouraged myself by quoting the Bible verse from Isaiah 40:31 "But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." The Lord did help me, and He gave me the strength I needed. On this final lap my pace slowed to about 12:30/mile, however as I approached

mile 49 my pace quickened. I could "smell the barn," and wanted to get off my aching feet. One my last mile I "took off" and ran my fastest mile of the day! It wasn't real fast, but I was passing trees like they were standing still. And they were: the crowds and the finish line. Pumping my fist in exultation, I crossed the finish line in 9 hours, 30 minutes and 22 seconds, an average pace of 11:24/mile. I placed 49th of 76 finishers, and I came in 5th out of 10 in my age group. I had done it! I had run from 7:30 a.m. -5:00 p.m., and with my warmup/cooldown, had run my age of 51!

I was elated, but sore; not tired, just beat up physically in my joints, hamstrings and quadriceps. After a three hour drive back to Fort Wayne, it was three times as bad. Here was this "victorious" conqueror of the 50 mile who could hardly walk! What a pathetic physical specimen I was! And as an assistant pastor of Roanoke Baptist Church, Sunday is not a day of rest, but a day of work. I walked very slowly and gingerly as I walked up and down the sanctuary platform that day. I was extremely sore, but I was very thankful that God had given me the strength to realize my goal of again running my age. Now I can hardly wait until I turn 100!!

(Croy is Pastor of Education at Roanoke Baptist Church. His PR's include a 16:48, 5K; 1 35:20, 10K; and a 2:48:04/marathon.)

A Tale of Two Cities: A Runner's Experience with Two Very Different Marathons David Craker

"It was the best of times, it was the worst of times." That is the opening sentence of Charles Dickens's novel A Tale of Two Cities. It also describes the extremes of my first two Marathons.

In January, when I registered for the Chicago Marathon, I had no idea a record-setting heat wave would wreak such havoc on the race. No one did. That's the gamble all runners and race directors take. Much about the Chicago Marathon made front page news across the world; the heat, the aid stations running out of water and Gatorade, the overrun medical tents, the constant sound of ambulance sirens and runners becoming delirious, cramping up from dehydration and, in one unfortunate case, dying. The true heroes of the day were the persevering volunteers and generous spectators who braved the heat with us. The race that so many looked forward to for months quickly spiraled out of control leaving the race directors no choice but to cancel it, ask runners to walk and divert many back to the finish area. In the process hopes were dashed, dreams crushed and months of training seemingly thrown away. The fast, flat course did not produce a world record or a myriad of PRs and BQs; but instead it produced controversy and ire as many were thwarted from even achieving the goal of finishing.

I consider myself one of the lucky ones. I never lacked for water at the aid stations, and by wearing a Fuel Belt, I remained well hydrated. I did not have to resort to jumping into fountains to cool off or drink from birdbaths to quench my thirst. I was able to run the first 14 miles before succumbing to the heat and was able to run/walk

another 5 before the race was called. By that time I was far enough along that I was allowed to walk the course and complete the full 26.2 miles. Being my first marathon, my time of 5:26:52 was technically a PR but the "victory" was hallow knowing that I fell far short of my abilities and training.

Now that I've had nearly a month to reflect on the day, I've come to the conclusion that even a bad race can be good. It forces one to get to the true heart of one's motivation. Am I running just for fast times and PRs or am I running for the love of running? Was the sole purpose of my many training miles, lost sleep to run in the wee hours of the morning and lunch hours spent training instead of socializing with my co-workers, just to beat some arbitrary time on a clock? Or was it to become healthier in body, stronger in will, more focused in mind, more determined in emotions and more connected in spirit? If I dwell on the "what ifs" and the "should haves," I render impotent all my accomplishments achieved along the way. Yes, it is demoralizing to work for 18+ weeks to climb Mt. Everest just to find out that the view from the summit sucks. But that is how we find out if we truly mean it when we say, "the joy is in the journey."

I had a choice. Do I hang it up for the season, be satisfied with a performance diminished by the weather and always look back and wonder? Or, do I put in three more weeks of training miles, lost sleep and lunch hours (plus additional money for entrance fees and travel expenses) and sign up for another fall marathon? There was no doubt! Maybe the old Dave would have chosen the former, but not the Dave running has forged. Never give up – that's a trait I've found in every runner I've met. The drive to keep going through adversity, the determination to overcome injuries, the perseverance to brush oneself off after falling (which I literally had to do) and keep on going mile after mile – those are the characteristics training for a marathon develop. Not often in life is one afforded a redo, and the Grand Rapids Marathon was my redo.

The distance of 26.2 miles might be the only thing the Chicago and Grand Rapids marathons have in common. Chicago is a big-city, impersonal, corporate, mega-event with 45,000 runners, lots of screaming spectators, lots of energy, a huge expo with expensive parking blocks away, elite runners, 30 years worth of history and definitely not enough portable toilets and aid stations. The GRM is only 4 years old. The expo fills only one basketball court but has a nice mix of clothing, shoe, health and charity booths. Ample, on-site parking is free. Much of the course follows beautiful tree-lined river greenway paths, which unfortunately does not lend itself to large screaming and encouraging fans. Topping out at less than 3000 runners, the race has a down-home feel. Don Kern, the race director, adds humor and a personal touch to many aspects of the race experience from daily encouraging emails the week before the race to being at the finish line greeting every runner. Promoted as a marathon for marathoners organized by marathoners, everything is well-planned. The long-sleeve hi-tech race shirt is one I'll use in my training this winter. Many of the well-supplied aid stations every 1.5 miles have extras like gels, gummy bears, pretzels, cookies, orange slices and pickle juice (yuck!). I saw a small line of procrastinators waiting for the porta-johns at the starting line but none at the aid stations along the course.

The weather was perfect: partly sunny, 31F at the start rising to the mid-40s by finish time and no wind. Also promoted as a fast, flat course, it produced many PRs, BQs and praise. There were no elite runners, but Neil Sauter set a world record by completing the marathon in 7:23:01 – on stilts – smashing the old record by more than 1.5 hours. I was able to run the entire race exactly as I planned in 4:21:34, beating my goal time (sub-10:00 miles) by 37 seconds and getting a new marathon PR by over an hour. I'm ecstatic that I had the opportunity to demonstrate what my training and abilities could do.

Although different in so many ways, I will fondly remember both races. Chicago tested my strength, resolve and my ability to perform under adverse conditions. It will always be my first marathon, and one that will allow me share tall tales of heroism with my future grandchildren. The GRM was a true test of my capabilities and such an enjoyable event.

Don wrote a radio promo for the GRM that I think sums up what running a marathon is all about.

People set goals. They put their plans into action. They've put in endless miles of training and dedication and now it's here - it's race day!

... see what happens when ordinary people break through their limits and accomplish something bigger than they thought was possible. It's more than just a marathon - it's a life-changing experience

I know I've hardly begun to fully comprehend how life-changing running a marathon can be. I imagine that over the coming weeks, months and years I will often think, "I have the confidence and courage to achieve something new today because back in 2007 I trained for and completed 2 marathons."

Run tall ... run proud ... run!

More on David Craker:

In early 2006 David Craker was morbidly obese and suffered from multiple weight-related medical conditions including sleep apnea. The 305-pound Craker knew something needed to be done. On Valentine's Day he started the Lutheran Weight Management physician-monitored weight loss program and over the course of the next 22 weeks lost nearly 110 pounds. Knowing that exercise was a key component to weight loss, he started slowly walking over his lunch hours. As the weight came off, he found that he could do more. He began to use the elliptical machines at the GE Fitness Center. After several months he switched back to the treadmill and found he needed to run to break a sweat. That's when it occurred to him to start running seriously. In mid-December 2006, Craker turned 42, bought his first pair of real running shoes and completed his first long run of only four miles. In mid-January his doctor gave him a clean bill of health and that day he signed up for the PR Training classes for the Indy Mini and also for the Chicago Marathon. So far in 2007, Craker has completed two full marathons (Chicago and Grand Rapids), two half-marathons (Indy and Parlor City) and six shorter races. He has lost a total of 125 pounds, shrunk from a 46 to a 31-inch waist and from a size XXL to S shirt and no longer suffers from any of his previous medical conditions. One of only six runners selected by the Chicago Marathon to provide a weekly online training diary for their web site, Craker now continues to inspire others by blogging his training at <http://runningformylife.blogspot.com>. You can read about his experience at Chicago and Grand Rapids in this newsletter issue.

Come Meet David Feb 10th FWTC Banquet!
Come hear more about his steps to success!

Carroll High School's Sensational Cross Country Season!

By Zach Raber,
Carroll High School Men's and Women's
Cross Country Coach

In the fifth year since taking the helm of the boys and girls cross country programs at Carroll High School, we saw the best seasons in school history for the boys and girls teams. Our coaching staff worked diligently to ensure that all 70 kids in the program had individualized training and a great sense of pride in our program throughout the season. Our staff included myself and assistants Mike Barnes, Ashley Ritchey, and Joe Brunson. Due to a great amount of hard work and commitment both teams stormed out of the gates in the early season.

The boys team won titles at the DeKalb Invitational, Huntington Invitational and Baron Classic. Following a few setbacks during the middle of the season, they came on strong to earn their first NHC title in school history. They quickly continued that success into the tournament season with wins at the Northrop Sectional and West Noble Regional. After a tough 3rd place showing at the Semi-state, the boys team regrouped to finish 6th at the state championship, only 5 points out of a podium finish.

The team had a strong group of ten runners that continually battled for a chance to run on the varsity. In the end, the top seven became James Martin, Robby Kleber, Austin Kilmer, Michael Nussa, Bradley Hess and Josh Snyder. All of those athletes, except Josh Snyder will return next season to compete for a state championship. Freshman James Martin finished second at the state championship to become the highest placing freshman in state history. He earned 1st team all-state honors. Robby Kleber earned honorable mention all-state.

The girls team finished their season with only three losses. They earned team titles at the Dekalb Invitational, Huntington Invitational, Baron Classic, State Preview Meet and the New Haven Classic. The girls also went on to win their fourth consecutive NHC title, their 8th consecutive Sectional title, their 7th consecutive Regional title and their second Semi-State title in four years. At the state championship, the girls team finished third, just five points out of 2nd place. To continue the season, the girls competed at the Nike Team Regional under the club name, Fort Wayne XC Club, to finish third in the Midwest. We are currently awaiting word to see if we have earned an at-large bid for a chance at the National Championships in Portland, Oregon.

Individually, we had all seven of our varsity runners earn all-conference NHC honors. Those runners included Chelsea Blanchard, Brianna Johnson, Samantha Ginther, Samantha Simonson, Janelle Gordy, Audrey Hess and Rebecca Downs. Brianna Johnson (5th at state) and Chelsea Blanchard (9th at state) went on to earn 1st Team All-State honors, while Samantha Ginther, Samantha Simonson and Janelle Gordy earned All-State Honorable Mention.

As a coach, I cannot say enough about the level of commitment that these kids have attained. They are fantastic student/athletes that are willing to do all of the little things in order to succeed. I am truly fortunate to have the opportunity to meet and work with these young people every day.

Come Meet Coach Raber Feb 10th FWTC Banquet!

2008 FWTC Points Races

Fanny Freezer 5K (Feb)	Runners on Parade 5K (July)
Nutri-Run 20K (March)	Parlor City Trot Half-Mar (Sep)
Nutri-Run 5M (March)	Parlor City Trot 10K (Sep)
Warbird Brewing Co 10K (May)	River City Rat Race 10K (Oct)
3 Rivers RC 12K (May)	Turkey Trot 5K (Nov)

Points Rules For 2008

1. FWTC members must pay dues by February 1st to be awarded points for the current year. We will allow a grace period up to date of the **Fanny Freezer 5K**.
2. Age group placement:
 - a. Age group placement is determined by your age at the start of the race year (January 1st). This is the group all your points will go into for the year. **Example:** You are 44 on January 1st of 2007, in March you turn 45. Your points will continue to go into the age group that includes 44 until the end of the year.
 - b. FWTC Age groups: Male and Female under 19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 and over
 - c. Some race directors opt to use different age groups than those of the FWTC. Points are earned based on that race's specified age groups. This means 2 people may earn the same points in one age group. Example: If a race director has a 60 - 64 age group and a 65 - 69 age group, the winners of each age group would receive 100 points. If the race director uses the FWTC age groups, there would be only 1 winner between ages 60-69. The FWTC board does not require race directors to use their age groupings.
 - d. Points are given based on how participant finishes compared to other **FWTC members**.

Place	Points	Place	Points
1	100	6	45
2	85	7	35
3	75	8	25
4	65	9	15
5	55	10	10
		11 and up	5

3. The top male and female award winners will be scored by a separate system based on the top 10 FWTC finishers in the races regardless of age group.

2007 FWTC Points Races Standings

Fanny Freezer 5K	Firecracker 4M
Nutri-Run 20K or 5M	Matthew 25 10K
Mastodon Stomp 5K	Parlor City ½ Marathon
Three Rivers Running Co. 12K	River City Rat Race 10K
Runners on Parade 5K	Turkey Trot 5K
	Just Plain 10K

Points Rules For 2007

2. FWTC members must pay dues by March 1st to be awarded points for the current year. We will allow a grace period up to date of the Nutri-Run.
3. Participants may earn 100 volunteer points for each race they work, with a maximum of 200 counting towards their total points. Volunteer points are not mandatory. Points may be earned for both volunteering and running in the same race. Race directors will earn 100 points toward the series; there are no maximum points for race directors.
4. Age group placement:
 - a. Age group placement is determined by your age at the start of the race year (January 1st). This is the group all your points will go into for the year.

Example: You are 44 on January 1st of 2007, in March you turn 45. Your points will continue to go into the age group that includes 44 until the end of the year.

- b. FWTC Age groups: Male and Female under 19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 and over
- c. Some race directors opt to use different age groups than those of the FWTC. Points are earned based on that race's specified age groups. This means 2 people may earn the same points in one age group. Example: If a race director has a 60 - 64 age group and a 65 - 69 age group, the winners of each age group would receive 100 points. If the race director uses the FWTC age groups, there would be only 1 winner between ages 60-69. The FWTC board does not require race directors to use their age groupings.
- d. Points are given based on how a participant finishes compared to other FWTC members.

Place	Points	Place	Points
1	100	6	45
2	85	7	35
3	75	8	25
4	65	9	15
5	55	10	10
		11 and up	5

4. The top male and female award winners will be scored by a separate system based on the top 10 FWTC finishers in the races regardless of age group.

Boys 19 and Under				
Place	Name	City	Age	Points
1	Sam Edwards	Fort Wayne IN	10	840
2	Sam N Bird	Columbia City	17	400
3	Shawn Kelley	Churubusco IN	14	325

4	Brad Hess	Fort Wayne IN	14	285
5	Alex Hess	Fort Wayne IN	11	285
6	Andrew Piropato	Fort Wayne IN	17	200
7	Tyler Wemhoff	Fort Wayne IN	13	200
8	Billy McManus	Fort Wayne IN	14	200
9	Aaron Landis	Churubusco IN	17	200
10	Ryne Wemhoff	Fort Wayne IN	14	185
11	Ben Devoe	Bluffton IN	14	160
12	Stephen Clark	Fort Wayne IN	19	100
13	Landon Lockwood	Bluffton IN	10	100
14	Jacob Ware	Fort Wayne IN	15	100
15	David Boyer	Fort Wayne IN	19	100
16	Eric Edmiston	New Haven IN	16	100
17	Carter A Milleman	Fort Wayne IN	16	85
18	Galen Harden	Yoder IN	17	85
19	Jake Miels	Fort Wayne IN	16	85
20	Evan Niner	Fort Wayne IN	19	75
21	Eric Ware	Fort Wayne IN	17	75
Men 20 to 29				
Place	Name	City	Age	Points
1	Grant Stieglitz	Fort Wayne IN	21	1070
2	Edward Fisk	Fort Wayne IN	27	370
3	Matt Logan	Fort Wayne IN	21	200
4	Rick Hammer	N Manchester	26	100
Men 30 to 34				
Place	Name	City	Age	Points
1	Brad A Thomas	Fort Wayne IN	32	1045
2	Jared Newhard	Fort Wayne IN	34	565
3	Matt Parker	Fort Wayne IN	30	385
4	Todd Sullivan	Fort Wayne IN	33	365
5	Dameon Rinehold	Fort Wayne IN	31	330
6	Jeremy M Ogle	Fort Wayne IN	32	215
7	Mike Cole	Corunna IN	31	200
8	Jeremy Schmidt	Fort Wayne IN	31	200
9	Jason House	Ossian IN	34	175
10	Jeff Jones	Fort Wayne IN	32	160
11	Todd Werling	Fort Wayne IN	33	150
12	Aaron York	Fort Wayne IN	34	55
Men 35 to 39				
Place	Name	City	Age	Points
1	Dave Devoe	Bluffton IN	38	900
2	Matt Scott	Warsaw IN	38	785
3	Tony Yoakum	Fort Wayne IN	39	565
4	Wayne Gregory	Fort Wayne IN	36	460
5	Troy McArthy	Huntertown IN	37	410
6	Jeff Rude	Fort Wayne IN	38	300
7	Gary Wilder	Fort Wayne IN	36	200
8	Sam Gillie	Fort Wayne IN	36	190
9	Thomas Gilbert	Fort Wayne IN	38	175
10	Mike Fream	Fort Wayne IN	38	170
11	Michael Wolfe	Fort Wayne IN	37	170
12	Chad Ware	Fort Wayne IN	39	150
13	Ian Stoppenhagen	Ossian IN	36	135
14	Rob Burns	Leo IN	38	65
15	Jason Sagan	Fort Wayne IN	35	60
16	Tim Maxson	Fort Wayne IN	35	55

17	Keith Koteskey	Fort Wayne IN	39	25
18	Brian Loucks	Fort Wayne IN	37	25
Men 40 to 44				
Place	Name	City	Age	Points
1	Manuel Martinez	Fort Wayne IN	44	840
2	Brett Hess	Fort Wayne IN	41	745
3	Ward Moya	Fort Wayne IN	43	550
4	Scott Eberle	Fort Wayne IN	43	410
5	Ron Sharp	Fort Wayne IN	41	405
6	Jon Beasley	Fort Wayne IN	41	400
7	Rick Sawyer	Fort Wayne IN	41	385
8	Steve Webb	Fort Wayne IN	41	355
9	Tim Newlin	Fort Wayne IN	43	295
10	Matt Foreman	Fort Wayne IN	44	250
11	Jim Bougher	Fort Wayne IN	44	220
12	Paul E Knott	Fort Wayne IN	44	200
13	Kyle Velasco	Berne IN	43	170
14	Michael McManus	Fort Wayne IN	43	85
15	Dan Graney	Warsaw IN	42	80
16	Kurt Walborn	Fort Wayne IN	43	75
17	Mark Beals	Fort Wayne IN	44	60
18	Joel Harter	Fort Wayne IN	44	55
19	Paul Sturm	Fort Wayne IN	41	55
20	John Klingenger	Fort Wayne IN	40	35
Men 45 to 49				
Place	Name	City	Age	Points
1	Mike Slaubaugh	Fort Wayne IN	46	885
2	Jeff Steinberg	Fort Wayne IN	45	770
3	Chuck Deford	Fort Wayne IN	47	700
4	Ed P Reinhard	Poneto IN	49	670
5	Michael L McAvoy	Bluffton IN	46	400
6	Mark O'Shaughnessy	Fort Wayne IN	47	385
7	David Roehling	Harlan IN	48	355
8	Terry Diller	Fort Wayne IN	49	325
9	Jeff Metzger	Fort Wayne IN	45	300
10	Michael S Wernhoff	Fort Wayne IN	45	270
11	Gary L Bird	Columbia City	48	205
12	Steve Rhoades	Garrett IN	46	195
13	Dan Cumiskey	Fort Wayne IN	45	165
14	Charles Schreiber	Fort Wayne IN	49	110
15	Quinn Farver	Fort Wayne IN	47	105
16	Michael Skipper	Warsaw IN	46	105
17	Steve Zacher	Fort Wayne IN	45	95
18	James Desimone	Fort Wayne IN	48	95
19	Tom Lill	Fort Wayne IN	49	95
20	Steve Edmiston	New Haven IN	47	95
21	Michael Overdahl	Fort Wayne IN	46	90
22	Ted Van Antwerp	Fort Wayne IN	45	75
23	Kent Hart	Decatur IN	45	75
24	Rick Phillips	Fort Wayne IN	49	75
25	Andrew Kapocius	Fort Wayne IN	47	70
26	Dan Roy	Leo IN	45	65
27	Dennis Klopfenstein	New Haven IN	49	65
28	Jim Berghoff	Fort Wayne IN	46	60
29	Mark Schmidt	Fort Wayne IN	49	50
30	Philip Kelley	Churubusco IN	45	25

31	Chuck Zumbrun	Churubusco IN	49	5
Men 50 to 54				
Place	Name	City	Age	Points
1	Chuck Brown	Bluffton IN	51	685
2	Kerry Blanchette	Fort Wayne IN	53	675
3	James McKinnon	Waterloo IN	50	645
4	Chris Croy	Fort Wayne IN	50	565
5	Brad Altevogt	Fort Wayne IN	52	475
6	John Treleaven	Fort Wayne IN	54	380
7	Mark Furkis	Ligonier IN	51	300
8	Gary Schmunk	Antwerp OH	51	290
9	John David McPherson	Fort Wayne IN	54	285
10	Doug Sundling	Bluffton IN	51	270
11	Tom Landis	Churubusco IN	50	200
12	Joseph Nayarkas	Fort Wayne IN	52	200
13	Howard J Klinger	Fort Wayne IN	52	200
14	Craig Bobay	Fort Wayne IN	50	175
15	Greg Ridenour	Fort Wayne IN	52	165
16	Joseph M Astroski	Fort Wayne IN	50	165
17	Kim A Lefever	Columbia City	50	165
18	Doug Breeden	Roanoke IN	51	155
19	John Lantz	Avilla IN	52	145
20	Steve Nivens	Fort Wayne IN	50	140
21	Ron Zartman	Fort Wayne IN	50	135
22	Michael Clendenen	New Haven IN	52	130
23	Phil Rizzo	Fort Wayne IN	54	110
24	Thomas J Felts	Fort Wayne IN	52	110
25	Stephen M Hilker	Fort Wayne IN	51	100
26	Robert Snow	Fort Wayne IN	54	80
27	Brad Compton	Spencerville IN	52	75
28	Thomas Boyer	Fort Wayne IN	51	65
29	Cecil Johnson	Fort Wayne IN	54	55
30	Rick Hilker	Fort Wayne IN	51	50
31	Donald Kramer	Van Wert OH	52	40
32	Terry Anderson	Fort Wayne IN	53	35
33	Timothy Ryan	Fort Wayne IN	51	30
34	Donald R Decook	Warsaw IN	53	25
35	Fred Hanna, Jr.	Fort Wayne IN	52	15
36	Steven A West	Fort Wayne IN	51	15
37	Aaron Cox	Huntertown IN	53	15
38	Kirby Moss	Fort Wayne IN	52	10
39	Mitch V Harper	Fort Wayne IN	50	5
40	Keith Niner	Fort Wayne IN	53	5
41	Ken Brooks	Churubusco IN	51	5
42	Hal Atkinson	Huntertown IN	51	5
Men 55 to 59				
Place	Name	City	Age	Points
1	Ken Long	Fort Wayne IN	56	740
2	Jed Pearson	Columbia City	55	655
3	Jim Pickett	Fort Wayne IN	57	490
4	Robert Lawson	Fort Wayne IN	59	425
5	John Feiertag	Fort Wayne IN	58	425
6	Sam Hadley	Grabill IN	55	415
7	Daniel Leffers	Fort Wayne IN	55	285
8	Dan Barnes	Fort Wayne IN	57	200
9	Phil Suelzer	Fort Wayne IN	55	200

10	Jerry Diehl	Fort Wayne IN	55	200
11	Michael Yoder	Avilla IN	59	145
12	Bob Michel	Fort Wayne IN	59	130
13	Dan Kaufman	Fort Wayne IN	56	130
14	Steven Greider	Fort Wayne IN	57	65
15	Gary Dexheimer	Fort Wayne IN	57	65
16	Dan Bossard	Monroeville IN	56	35
17	Dennis Logan	Fort Wayne IN	55	35
18	Lynn T Bobay	Fort Wayne IN	55	25
19	Tom Fuelling	Fort Wayne IN	56	10
Men 60 to 64				
Place	Name	City	Age	Points
1	David E Boylan	Fort Wayne IN	64	950
2	Bob Bruckner	Fort Wayne IN	61	870
3	Rich Stephenson	Monroeville IN	60	840
4	Donald Lindley	Fort Wayne IN	62	445
5	Steve Creighton	Warsaw IN	64	285
6	Barrie Peterson	Fort Wayne IN	64	255
7	Bernie Burgett e	Fort Wayne IN	63	215
8	Ray Casiano	New Haven IN	63	175
9	Jack Seigel	Fort Wayne IN	61	160
10	Dewain Cobbs	Warsaw IN	64	150
11	John Brier	Fort Wayne IN	62	130
12	Kent C Ober	Fort Wayne IN	61	85
Men 65 to 69				
Place	Name	City	Age	Points
1	Noel Hupp	Fort Wayne IN	67	500
2	Bud Stiffler	Anderson IN	68	475
3	Dick Harnly	Fort Wayne IN	69	315
4	Freeman Hershberger	Goshen IN	69	85
5	Fred Ross Jr	Warsaw IN	65	75
6	Bill Harris	Grabill IN	68	75
7	Johni Rasmussen	Fort Wayne IN	66	65
8	Don Ashton	Fort Wayne IN	65	65
Men 70 and Over				
Place	Name	City	Age	Points
1	Joe Ziegler	New Haven IN	71	785
2	Robert C Loomis	Monroe IN	73	615
3	Kenneth E Disler	Fort Wayne IN	84	510
4	Bernie Huesing	Fort Wayne IN	74	215
5	R William Schmidt	Fort Wayne IN	72	200
6	James P Jones	Fort Wayne IN	78	200
7	Curtis Nold	Fort Wayne IN	75	150
8	Jack Hilker	Fort Wayne IN	78	100
Girls 19 and Under				
Place	Name	City	Age	Points
1	Kalissa Blanchette	Fort Wayne IN	19	775
2	Sarah Bird	Columbia City	13	500
3	Cecelia Snow	Fort Wayne IN	10	300
4	Lynn Altevogt	Fort Wayne IN	18	200
5	Maria Atkinson	Huntertown IN	15	85
6	Katie Schenkel	Fort Wayne IN	18	85
Women 20 to 29				
Place	Name	City	Age	Points
1	Abby Bird	Decatur IN	27	400
2	Lindsay Smith	Fort Wayne IN	23	200

3	Allyson Logan	Fort Wayne IN	21	100
Women 30 to 34				
Place	Name	City	Age	Points
1	Martha May	Fort Wayne IN	31	470
2	Amy Archbold	Fort Wayne IN	34	460
3	Courtney Wennemar	Fort Wayne IN	30	400
4	Danielle Sullivan	Fort Wayne IN	34	150
5	Rebecca Hollenbaugh	S Whitley IN	33	100
6	Lisa House	Ossian IN	32	85
Women 35 to 39				
Place	Name	City	Age	Points
1	Angie Lockwood	Bluffton IN	37	615
2	Katrina Loucks	Fort Wayne IN	35	590
3	Tracy Brooks	Fort Wayne IN	37	545
4	Tammy Behrens	Fort Wayne IN	35	500
5	Kathy Burner	Auburn IN	38	385
6	Gina Maloney	Auburn IN	39	285
7	Cheryl Pulver	Fort Wayne IN	36	215
8	Eva Sagan	Fort Wayne IN	35	150
9	Janette Bowers	Fort Wayne IN	38	75
10	Jennifer Steigmeyer	Fort Wayne IN	36	65
11	Karen Gillie	Fort Wayne IN	35	55
Women 40 to 44				
Place	Name	City	Age	Points
1	Cindy McGovern	Fort Wayne IN	42	785
2	Beverly Metzger	Fort Wayne IN	44	540
3	Robin Rizzo	Fort Wayne IN	40	185
4	Julie McNulty	Fort Wayne IN	41	150
5	Linette Barry	Fort Wayne IN	43	85
6	Carla Brames	New Haven IN	44	55
Women 45 to 49				
Place	Name	City	Age	Points
1	Sheryle Braaten	Hoagland IN	46	985
2	Denise Conrad	Decatur IN	45	785
3	Dorthea Ruhl	Angola IN	47	675
4	Betty Greider	Fort Wayne IN	46	550
5	Margie Morris-Parker	Fort Wayne IN	48	450
6	Judy Tillapaugh	Fort Wayne IN	48	325
7	Julie Bossard	Monroeville IN	47	260
8	Dawn Mabry	Fort Wayne IN	47	225
9	Karen Kosberg	Fort Wayne IN	45	215
10	Judy White	Fort Wayne IN	48	200
11	Kelly Landis	Churubusco IN	46	200
12	Cathy Myers	Fort Wayne IN	47	185
13	Mary Snow	Fort Wayne IN	46	120
14	Linda Anderson	Fort Wayne IN	45	85
15	Julie Lowe	Defiance OH	48	75
16	Paula McEachern	Leo IN	46	35
Women 50 to 54				
Place	Name	City	Age	Points
1	Terri Gross	Fort Wayne IN	51	800
2	Nancy Simmonds	Fort Wayne IN	53	790
3	Cheryl Stromski	Antwerp OH	51	635
4	Regina Blanchette	Fort Wayne IN	52	540
5	Deb Barnes	Fort Wayne IN	53	275
6	Susan Peterson	Albion IN	52	240

7	Phyllis Suelzer	Fort Wayne IN	53	85
8	Deanie Bright-Johnson	Fort Wayne IN	52	65
9	Carla Logan	Fort Wayne IN	54	55
Women 55 to 59				
Place	Name	City	Age	Points
1	Lynne Feiertag	Fort Wayne IN	55	800
2	Helen Ryan	Fort Wayne IN	55	285
3	Bobbie Ashton	Fort Wayne IN	57	100
4	Nancy Boyer	Fort Wayne IN	55	100
Women 60 to 64				
Place	Name	City	Age	Points
1	Barb Scrogham	Fort Wayne IN	60	800
2	Sarah Kleinknight	Fort Wayne IN	63	460
3	Bodil Rasmussen	Fort Wayne IN	62	245
4	Mary Fennig	Decatur IN	60	100
Women 70 and Over				
Place	Name	City	Age	Points
1	Joan Gary	Fremont IN	70	200
2	Gloria J Nold	Fort Wayne IN	71	200

Run for Riley 5 Miler			
October 14, 2007			
1	Jeff Nidlinger	27	26:53
2	Chuck Deford	48	27:43
3	Ron Sharp	41	27:46
4	Josh Maple	31	29:11
5	Brad Thomas	32	29:21
6	Nick Sloffer	29	29:35
7	Rich Kempf	51	29:55
8	Benjamin Ashby	25	30:20
9	Micah Milliman	20	30:45
10	Carl Hansen	51	30:54
11	Dan Hauser	26	31:17
12	Ashley Ritchey	22	31:49
13	Grant Stieglitz	22	32:00
14	Dan Green	52	32:09
15	Thomas Peters	15	32:14
16	Brad Peterson	34	32:58
17	Terry Diller	49	33:19
18	Quinn Buck	14	33:37
19	Garrett Davenport	45	33:45
20	Adrienne Berry	14	33:56
21	Brett Hess	42	34:00
22	Anne Shank	41	34:06
23	Mark Walter	42	34:16
24	Jaron Somers	14	34:16
25	Chelsea Sommer	15	34:55
26	Evan Hyndman	26	35:18
27	Craig Berry	17	35:40
28	Len Piropatto	53	35:48
29	Steve Webb	42	36:02
30	John Treleaven	55	36:15
31	Shawn Kelley	14	36:22
32	Tim Chapman	26	36:26

33	Howard Klinger	53	36:42
34	Jerry Steinholt	53	36:49
35	Jeremy Brennan	13	36:51
36	Brady Wieland	27	37:04
37	Melody Brumm	25	37:05
38	Mike Slaubaugh	47	37:09
39	Joe Donnell	47	37:11
40	Cara Kaiser	33	37:24
41	Jim Milliman	47	37:27
42	Logan McLay	14	37:29
43	Kerry Blanchette	54	37:31
44	Geoffrey Wilaclecki	51	37:35
45	Thomas Bolterbee	37	37:38
46	Ryan Rolf	34	37:50
47	Jon Kruse	18	37:55
48	Roy Munguia	32	37:56
49	Tony Dembickie	34	38:12
50	Suzie Swinehart	35	38:29
51	Chris Matthews	26	38:40
52	Kirby Moss	53	39:22
53	Doug Knake	52	40:17
54	Tom Utley	45	40:25
55	David Graney	48	40:50
56	Mike Hufmann	45	40:50
57	Christine Hendrickson	32	40:51
58	Amy Hollenberg	45	41:00
59	Shawne Batterbee	39	41:37
60	Andy Beckmun	27	41:50
61	Jack Buck	46	42:16
62	Rebekah Bosell	12	42:33
63	Leah Dwire	22	42:46
64	Tom Dwire	50	42:47
65	Mike Donlan	58	42:55
66	Mary Roberts	38	43:12
67	Diane Knake	46	44:01
68	Todd Thompson	45	44:07
69	Haley Bohannan	15	44:20
70	Ellen Beal	14	44:20
71	Richard Howard	46	44:28
72	Chad Mollema	36	44:36
73	Diana Rivera	40	44:49
74	Tony Ashley	47	45:26
75	Teri Walters	41	46:14
76	Ellen McKinley	45	46:20
77	Ashley Wellman	32	46:21
78	Heather McAlexander	28	47:04
79	Sandy Briner	43	47:07
80	Sue Okleshen	48	48:07
81	Neal Rumsey	38	48:08
82	Cavan Boylan	9	48:13
83	Angie Minich	27	48:44
84	Mealre Spadafore	45	48:45
85	Linda Poynter	47	48:52
86	Jaxies Roe	42	48:53
87	Kaleb Ehrman	14	49:20
88	Robin Dombrowski	35	49:39

89	Cindy Thompson	45	49:43
90	Patti Grimm	43	50:15
91	Johnny Tichac	11	51:03
92	Kim Dembickie	34	51:23
93	Andy McManama	16	51:23
94	Lisa Groves	33	51:23
95	Sue Tribolet	44	51:50
96	April Parks	47	51:50
97	Christina Davis	43	51:56
98	Sarah Bosell	12	52:05
99	Vincent Blevins	18	52:19
100	Matt Byrd	33	52:56
101	Lori Faurote	27	52:57
102	Colleen Winters	30	54:05
103	Mark Ringenberg	39	54:24
104	Brenda Komim	46	54:42
105	Sarah Kleinknight	64	54:58
106	Michelle Kostka	41	56:46
107	Lara Kline	39	1:04:31
108	Barb Richardson	50	1:04:46
109	Chery Ashton	38	1:04:47
110	Tommi Glass	40	1:05:00
111	Deb Diller	50	1:06:31
112	Cyndi Rowley	48	1:08:28
113	George Rowley	49	1:08:33
114	Erick Riddle	48	1:08:34
115	Kate Morris	12	1:10:03
116	Molly Brennan	11	1:10:03
117	Jody Bartkus	30	1:10:12
118	Andrew Byers	24	1:12:17
119	Unknown		1:12:17
120	Chris Manny	18	1:15:36
121	Jessica Rowley	16	1:15:36
122	Miranola Letters	21	1:15:45
123	Lillian Schultz	12	1:16:29
124	Caroline Schultz	10	1:16:29
125	Fiona Schultz	47	1:16:29
126	Michelle Myers	47	1:16:45
127	Corinne Holtzberg	47	1:16:51
128	Becky Steinholt	51	1:17:57
129	Hope Schmeling	36	1:19:42
130	Marla McManama	51	1:20:00
131	Pam Davenport	46	1:20:06
132	Michael Davenport	44	1:20:06
133	Lois Bailey	75	1:25:15
134	Laura Shank	81	1:25:15
135	Julia Bowser	48	1:25:16
136	Kiley Ehrman	12	1:25:23
137	Tammie Ehrman	44	1:25:33
138	Sue Christman	52	1:26:27
139	Kathy Coon	45	1:26:28
140	Larry Stener	69	1:27:39
141	Nancy Stener	55	1:27:40
142	Heather Bird	20	1:28:31
143	Brendon McLay	43	1:30:38
144	Jacob Brennan	9	1:30:44

145	Keegan McLay	11	1:30:49
146	Elaine Patterson	41	1:30:49
147	Barbara Shoe	17	1:43:13
148	Jasni Gardner	6	1:43:13
149	Lisa Dumm	38	1:43:19
150	Kristina Jones	12	1:43:19
151	Michele Bird	40	1:43:19
152	Mary Bosell	44	1:52:35
153	Andrew Bosell	18	1:52:35
154	Savanne McVey	21	1:52:38
155	Isaac Bosell	14	1:52:39

River City Rat Race 10K				
October 27, 2007				
Place	Name	City	Age	Time
1	Casey Shafer	Bluffton IN	27	32:29:00
2	Jeff Nidlinger	Fort Wayne IN	27	33:58:00
3	Mitch Novy	Anderson IN	22	34:20:00
4	Jon Nidlinger	Fort Wayne IN	27	34:33:00
5	Ron Sharp	Fort Wayne IN	42	34:43:00
6	Dave Bussard	Elkhart IN	47	35:11:00
7	Alex Stoltie	Garrett IN	17	35:31:00
8	Peter Ryan	Fort Wayne IN	23	35:45:00
9	Doug Schwartz	Decatur IN	35	35:47:00
10	Chris White	Granger IN	33	35:59:00
11	David Hernandez	Fort Wayne IN	31	36:34:00
12	Josh Maple	Fort Wayne IN	31	36:46:00
13	Dave Devoc	Bluffton IN	39	37:09:00
14	Manuel Martinez	Fort Wayne IN	44	37:11:00
15	Michael McManus	Fort Wayne IN	44	37:30:00
16	Jay Prichard	Van Wert OH	50	37:48:00
17	Brad A Thomas	Fort Wayne IN	32	38:09:00
18	Dashon Smith	Fort Wayne IN	22	38:33:00
19	Benjamin Ashby	Fort Wayne IN	25	38:49:00
20	Brian Fleckenstein	Garrett IN	17	38:58:00
21	Billy McManus	Fort Wayne IN	15	38:59:00
22	Scott Ecclestone	Fort Wayne IN	46	39:00:00
23	Brad Altevogt	Fort Wayne IN	52	39:06:00
24	Aaron Lehman	Berne IN	16	39:19:00
25	Kent Liechty	Berne IN	39	39:37:00
26	Mark Watson	Fort Wayne IN	28	39:50:00
27	Grant Stieglitz	Fort Wayne IN	22	40:08:00
28	Matt Carney	Fort Wayne IN	33	40:14:00
29	Evan Liechty	Berne IN	12	40:20:00
30	Robert Minnich, Jr	Leo IN	40	40:33:00
31	Billie Rodriguez	Elgin IL	23	40:39:00
32	Phillip Salisbury	Fort Wayne IN	33	40:47:00
33	Laurissa Dalrymple	Bluffton IN	25	40:54:00
34	Ward Moya	Fort Wayne IN	44	40:58:00
35	Aaron Bryson	Fort Wayne IN	19	41:00:00
36	Dan Hauser	Fort Wayne IN	26	41:02:00
37	Brian Adams	Fort Wayne IN	36	41:15:00
38	Garrett Davenport	Andrews IN	45	41:47:00
39	Dan Meyer	Huntington IN	47	41:52:00
40	Matt Rogers	Fort Wayne IN	31	42:06:00
41	Stephen Hamilton	Spencerville IN	20	42:11:00

42	Andrew Smith	Berne IN	16	42:15:00
43	Greg Smith	Fort Wayne IN	47	42:18:00
44	Scott Eberle	Fort Wayne IN	44	42:23:00
45	Andrew Miller	Fort Wayne IN	21	42:24:00
46	Gary Schmunk	Antwerp OH	52	42:36:00
47	Daniel Fogel	Wilmette IL	43	42:39:00
48	Anthony Juliano	Fort Wayne IN	38	42:44:00
49	Daniel Leffers	Fort Wayne IN	55	42:45:00
50	Tammy Behrens	Fort Wayne IN	36	42:47:00
51	Ed P Reinhard	Poneto IN	50	42:49:00
52	Gordon Pleus	Fort Wayne IN	61	42:55:00
53	Matt Scott	Warsaw IN	39	42:57:00
54	Roger Wilson	Fort Wayne IN	54	43:05:00
55	Terry Diller	Fort Wayne IN	49	43:07:00
56	Clint Anderson	Bluffton IN	35	43:08:00
57	Jessica Ryan	Fort Wayne IN	22	43:40:00
58	Tony Galassini	Fort Wayne IN	37	43:47:00
59	Anne Shank	Fort Wayne IN	41	43:48:00
60	Doug Dark	Fort Wayne IN	46	43:50:00
61	Tom Hare	Fort Wayne IN	32	43:51:00
62	Joshua Utley	Fort Wayne IN	14	43:55:00
63	Michael Conrad	Decatur IN	49	43:56:00
64	John Buhler	Huntington IN	60	43:58:00
65	Rod Trahin	Fort Wayne IN	42	44:04:00
66	Jeff Shoemaker	Fort Wayne IN	38	44:06:00
67	Ben Gensic	Fort Wayne IN	28	44:08:00
68	David Bowers	Fort Wayne IN	34	44:12:00
69	Michael Yoder	Avilla IN	60	44:14:00
70	Tracy Brooks	Fort Wayne IN	38	44:17:00
71	David Swenson	New Haven IN	45	44:24:00
72	Denise Conrad	Decatur IN	46	44:25:00
73	Chris J Scagnoli	Fort Wayne IN	23	44:27:00
74	Allen Whittington	Van Wert OH	52	44:30:00
75	Troy McArthur	Huntertown IN	38	44:41:00
76	James McKinnon	Waterloo IN	51	44:45:00
77	Kevin Lochner	North Manchester	51	44:54:00
78	Evan Hyndman	Fort Wayne IN	27	44:58:00
79	Ben Sobczak	Fort Wayne IN	14	45:05:00
80	Emily Conrad	Decatur IN	19	45:08:00
81	Pat Beuchel	Fort Wayne IN	48	45:11:00
82	Braden Melton	Decatur IN	15	45:15:00
83	John Barchak Jr	Fort Wayne IN	41	45:19:00
84	Logan Kimmel	Fort Wayne IN	15	45:20:00
85	Brad Lepper	Fort Wayne IN	37	45:21:00
86	Michael Trevorrow	Fort Wayne IN	44	45:26:00
87	Ken Long	Fort Wayne IN	57	45:27:00
88	Kayla Lubkert	Fort Wayne IN	14	45:27:00
89	Nathan Miller	Fort Wayne IN	26	45:31:00
90	Rachel Boeddeker	Fort Wayne IN	25	45:33:00
91	Charlie Schortgen	Churubusco IN	49	45:35:00
92	Mike Cox	Spencerville IN	53	45:37:00
93	Jeff Steinberg	Fort Wayne IN	46	45:43:00
94	Bob Bruckner	Fort Wayne IN	62	45:48:00
95	Sarah Badenhop	Fort Wayne IN	19	45:54:00
96	Daniel Palmer	Fort Wayne IN	41	46:03:00
97	John Silcox	Fort Wayne IN	32	46:05:00

98	Shelly Koenig	Fort Wayne IN	43	46:15:00
99	Jared Newhard	Fort Wayne IN	35	46:17:00
100	John Treleaven	Fort Wayne IN	55	46:18:00
101	Ric Poorman	Fort Wayne IN	47	46:20:00
102	Kyle Elsworth	Fort Wayne IN	28	46:23:00
103	Todd Sullivan	Fort Wayne IN	34	46:23:00
104	Anthony Petras	Fort Wayne IN	22	46:23:00
105	Ray Casiano	New Haven IN	64	46:24:00
106	Michael Clendenen	New Haven IN	52	46:24:00
107	Andrew Giles	Fort Wayne IN	28	46:28:00
108	Jason Appel	Fort Wayne IN	35	46:34:00
109	Nicholas Hart	Fort Wayne IN	26	46:36:00
110	Craig Bobay	Fort Wayne IN	51	46:45:00
111	Joe Patterson	Fort Wayne IN	53	46:56:00
112	Justin Yoder	Fort Wayne IN	20	46:59:00
113	Brad Stutzman	Topeka IN	20	46:59:00
114	Brady Wieland	Fort Wayne IN	27	47:02:00
115	Bill Moord	New Haven IN	53	47:05:00
116	Rob Guiser	Indianapolis IN	26	47:06:00
117	Chris Ruckman	Fort Wayne IN	42	47:07:00
118	Dan Cummiskey	Fort Wayne IN	46	47:08:00
119	Brian Clements	Fort Wayne IN	37	47:12:00
120	David Edsall	Fort Wayne IN	50	47:13:00
121	Sheldon Landgrave	Fort Wayne IN	47	47:15:00
122	Scott McCauley	Fort Wayne IN	43	47:16:00
123	Jonathan Harper	Fort Wayne IN	13	47:16:00
124	Rick Sawyer	Fort Wayne IN	42	47:18:00
125	Tom Guiser	Indianapolis IN	25	47:20:00
126	Corey Sellers	Fort Wayne IN	34	47:21:00
127	Richard Taylor	Fort Wayne IN	49	47:24:00
128	Lindsay Smith	Fort Wayne IN	24	47:25:00
129	Sheryle Braaten	Hoagland IN	47	47:27:00
130	Kerry Blanchette	Fort Wayne IN	54	47:29:00
131	Greg Peckham	Fort Wayne IN	32	47:31:00
132	Reuben McCracken	Hagerstown IN	23	47:34:00
133	Joe Donnell	Fort Wayne IN	47	47:36:00
134	Dave Yaggy	Fort Wayne IN	36	47:48:00
135	Eric Edmiston	New Haven IN	17	47:51:00
136	Brett Zellers	Fort Wayne IN	32	47:52:00
137	Haley Havert	Fort Wayne IN	13	47:55:00
138	Mike Soat	Fort Wayne IN	44	47:55:00
139	Steve Webb	Fort Wayne IN	42	47:57:00
140	Erin Brady	Fort Wayne IN	36	48:11:00
141	Roger Finderson	Auburn IN	39	48:13:00
142	Karen Wylie	Fort Wayne IN	27	48:14:00
143	Harry Ausderan	Bowling Green	58	48:20:00
144	Jeff Stachera	Fort Wayne IN	41	48:34:00
145	Santiago Martinez	Columbia City	40	48:36:00
146	Brad Stoffer	Fort Wayne IN	37	48:37:00
147	Alex Nehls	Fort Wayne IN	30	48:38:00
148	Nick Rich	Fort Wayne IN	30	48:41:00
149	Gary Brooks	Fort Wayne IN	46	48:45:00
150	Luke Hall	Grabill IN	26	48:45:00
151	David Lill	Fort Wayne IN	16	48:46:00
152	Angie Amorini	Fort Wayne IN	32	48:46:00
153	Ryan Dalrymple	Bluffton IN	23	48:47:00

154	Andrew Linkhart	Fort Wayne IN	36	48:49:00
155	Dalton Atchison	Fort Wayne IN	12	48:57:00
156	John Christensen	Fort Wayne IN	38	49:04:00
157	Mark Dalezal	Spencerville IN	48	49:10:00
158	Melody Brumm	New Haven IN	26	49:13:00
159	Ron Working	Roanoke IN	41	49:14:00
160	Josh Kumfer	Fort Wayne IN	28	49:15:00
161	Jim Pickett	Fort Wayne IN	58	49:15:00
162	Dave Reichwage	Fort Wayne IN	61	49:16:00
163	Dorthea Ruhl	Angola IN	48	49:23:00
164	Michael Hofmann	Fort Wayne IN	45	49:24:00
165	Melissa Ludack	Fort Wayne IN	27	49:24:00
166	Geoffrey Wladecki	Fort Wayne IN	51	49:24:00
167	Doug Knake	Fort Wayne IN	52	49:34:00
168	Sam Edwards	Fort Wayne IN	11	49:39:00
169	Tom Childers	Fort Wayne IN	48	49:43:00
170	Randy Lehman	Fort Wayne IN	48	49:43:00
171	Brad McGuire	Fort Wayne IN	36	49:50:00
172	Bill Landgraf	Fort Wayne IN	36	49:56:00
173	Tina Gerke	Saint Joe IN	28	50:02:00
174	Tim Miller	Fort Wayne IN	55	50:10:00
175	Jake Gensic	Col Springs CO	30	50:15:00
176	Kent Ennis	Fort Wayne IN	40	50:20:00
177	Stephen Rowe	Naperville IL	55	50:23:00
178	Jim Bougher	Fort Wayne IN	45	50:26:00
179	Emil Woerner	Fort Wayne IN	44	50:28:00
180	Courtney Wennemar	Fort Wayne IN	31	50:32:00
181	Staci Beiswanger	South Whitley IN	42	50:39:00
182	Chris Kumfer	Fort Wayne IN	23	50:41:00
183	Jessica Dobey	Fort Wayne IN	28	50:47:00
184	Daniel Hernandez	Fort Wayne IN	29	50:54:00
185	Roy Munguia	New Haven IN	32	50:55:00
186	Tim Maxson	Fort Wayne IN	36	51:00:00
187	Phil Ransdell	Fort Wayne IN	32	51:01:00
188	David J Brown	Fort Wayne IN	63	51:03:00
189	Katrina Loucks	Fort Wayne IN	36	51:05:00
190	Tim Newlin	Fort Wayne IN	44	51:14:00
191	Tom Utley	Fort Wayne IN	45	51:15:00
192	J Paul Downie	New Haven IN	53	51:20:00
193	Christine Hendrickson	Fort Wayne IN	32	51:24:00
194	Beth Keim	South Whitley IN	42	51:26:00
195	John Link	New Haven IN	51	51:27:00
196	Jayma Smith	Indianapolis IN	25	51:40:00
197	Gail Gerber	New Haven IN	44	51:42:00
198	Scott Harper	Fort Wayne IN	42	51:56:00
199	Angie Owen	Fort Wayne IN	43	51:58:00
200	Gary Gordon	Churubusco IN	45	52:01:00
201	Bill Clauser	Woodburn IN	50	52:04:00
202	Sara Bauer	New Haven IN	33	52:04:00
203	Chloe Smith	Fort Wayne IN	15	52:11:00
204	Melissa Coates	Marion IN	29	52:17:00
205	Russ Kolkman	Fort Wayne IN	41	52:21:00
206	Brad Trahin	Fort Wayne IN	12	52:21:00
207	Tom Wuest	Fort Wayne IN	43	52:25:00
208	Charles Schreiber	Fort Wayne IN	50	52:26:00
209	Timothy Zimmerman	Fort Wayne IN	51	52:27:00

210	Chris Stover	Fort Wayne IN	31	52:28:00
211	Laura Donnell	Fort Wayne IN	15	52:31:00
212	Michael Mabee	Fort Wayne IN	31	52:31:00
213	Lynnette Underwood	Huntington IN	40	52:35:00
214	David M Graney	Fort Wayne IN	48	52:35:00
215	Michael Acker	Syracuse IN	37	52:40:00
216	Timothy Maloney	Auburn IN	36	52:41:00
217	Mark Brown	Fort Wayne IN	46	52:43:00
218	Ashley Schumacher	Fort Wayne IN	14	52:44:00
219	Greta Graebner	New Haven IN	40	52:44:00
220	John Schumacher	Fort Wayne IN	48	52:45:00
221	Allison Rinker	Churubusco IN	25	52:46:00
222	Jeni Hermes	Columbia City	25	52:48:00
223	Corinne Wagner	Huntertown IN	27	52:48:00
224	Sarah Pollitt	Huntertown IN	27	52:53:00
225	Cecilia Appel	Fort Wayne IN	14	52:53:00
226	Regina Hare	Fort Wayne IN	31	52:58:00
227	Susan Berghoff	Warren IN	54	52:59:00
228	Terri Gross	Fort Wayne IN	52	53:00:00
229	David E Boylan	Fort Wayne IN	65	53:03:00
230	Toby Galloway	Winona Lake IN	31	53:08:00
231	Monica French	Fort Wayne IN	29	53:08:00
232	Clint Holsinger	Fort Wayne IN	22	53:10:00
233	Paul Muschell	Leo IN	39	53:11:00
234	Shelley Chapman	Leo IN	40	53:11:00
235	John David McPherson	Fort Wayne IN	54	53:14:00
236	Donald R Decook	Warsaw IN	54	53:16:00
237	Lena Yarian	Garrett IN	44	53:18:00
238	Susan Cook	Fort Wayne IN	19	53:25:00
239	Sarah Cook	Fort Wayne IN	22	53:26:00
240	Kathy Pleus	Fort Wayne IN	57	53:27:00
241	Anita O'Reilly	Fort Wayne IN	50	53:27:00
242	Steve Corona	Fort Wayne IN	58	53:33:00
243	Joe Corona	Fort Wayne IN	25	53:33:00
244	Justin Heffernan	Fort Wayne IN	32	53:45:00
245	Steve Martinsky	Fort Wayne IN	33	53:45:00
246	Leah Dwire	Fort Wayne IN	22	53:55:00
247	Jack Buck	Fort Wayne IN	46	53:59:00
248	Shawn Havert	Fort Wayne IN	34	54:02:00
249	Steve Edmiston	New Haven IN	48	54:06:00
250	Stephanie Zimmerman	Fort Wayne IN	16	54:07:00
251	Tom Dwire	Fort Wayne IN	50	54:09:00
252	Karen Cook	Fort Wayne IN	48	54:21:00
253	Connie Gordon	Churubusco IN	45	54:48:00
254	Freeman Hershberger	Goshen IN	69	54:50:00
255	Tony Galuoppo	Fort Wayne IN	48	54:56:00
256	Darryl Cargo	Fort Wayne IN	46	54:59:00
257	Carol Harper	Fort Wayne IN	42	55:01:00
258	Robert Bertrand	Lima OH	64	55:11:00
259	Nick Barchak	Fort Wayne IN	40	55:17:00
260	Phyllis Hayes	Zanesville IN	42	55:18:00
261	Jeff Rapp	Fort Wayne IN	41	55:19:00
262	Marvin Eady Jr	Fort Wayne IN	44	55:20:00
263	Michael Overdahl	Fort Wayne IN	47	55:21:00
264	Matt Earhart	Fort Wayne IN	30	55:21:00
265	Jessica Hanna	Fort Wayne IN	25	55:26:00

266	David Korte	Fort Wayne IN	43	55:27:00
267	Terry Anderson	Fort Wayne IN	54	55:28:00
268	Paula Langeloh	Columbia City	40	55:29:00
269	Kim Doster	Fort Wayne IN	35	55:36:00
270	Kathy Moran	Fort Wayne IN	35	55:37:00
271	Theresa Sotir	Fort Wayne IN	47	55:42:00
272	Kedric Aker	Bluffton IN	35	55:43:00
273	Gary Kaiser	Pleasant Lake IN	45	55:45:00
274	Nick Miller	Carmel IN	25	55:50:00
275	Katrina Bard	Fort Wayne IN	12	55:52:00
276	Anthony Bowser	Fort Wayne IN	46	55:55:00
277	Jen Didyk	Fort Wayne IN	27	55:55:00
278	Dan Barnes	Fort Wayne IN	58	55:59:00
279	Alan Hernly	Fort Wayne IN	55	56:07:00
280	David Juntgen	Fort Wayne IN	27	56:10:00
281	Terri Walters	New Haven IN	41	56:12:00
282	Kim Larsen	Fort Wayne IN	46	56:17:00
283	Megan Burzych	Fort Wayne IN	27	56:22:00
284	Russel Stephens	Fort Wayne IN	49	56:24:00
285	Mandy Miller	Carmel IN	22	56:25:00
286	Bill Harris	Grabill IN	69	56:27:00
287	Julie Fike	Fort Wayne IN	42	56:29:00
288	Brian Keane	Fort Wayne IN	47	56:37:00
289	Lisa Dager	Grabill IN	28	56:38:00
290	Ellen McKinley	Fort Wayne IN	45	56:41:00
291	Susan King	Fort Wayne IN	27	56:41:00
292	Dan Guiser	Indianapolis IN	59	56:41:00
293	Robin Mills	Fort Wayne IN	33	56:44:00
294	Joe Taylor	Kendallville IN	45	56:49:00
295	Lori Kuchmay	Fort Wayne IN	34	56:51:00
296	Rae Anne Kern	Huntington IN	35	56:53:00
297	Josh Sommer	Fort Wayne IN	20	56:53:00
298	Brenda Kolkman	Fort Wayne IN	40	56:54:00
299	Heather Zimmerman	Spencerville IN	19	56:54:00
300	Candy Evans	Roanoke IN	40	56:55:00
301	Barb Scrogam	Fort Wayne IN	61	56:56:00
302	Tyler Koteskey	Fort Wayne IN	12	57:02:00
303	Keith Koteskey	Fort Wayne IN	40	57:10:00
304	Kerry Huffman	Fort Wayne IN	41	57:10:00
305	Kevin Gerber	New Haven IN	42	57:16:00
306	Joy Dunno	Decatur IN	46	57:27:00
307	Annmarie Asiala	Fort Wayne IN	35	57:34:00
308	Larry Arnett	New Haven IN	47	57:36:00
309	Abby Bird	Decatur IN	28	57:50:00
310	Kent Hart	Decatur IN	46	57:50:00
311	Susan Bandor	Fort Wayne IN	46	58:07:00
312	Bud Stiffler	Anderson IN	69	58:12:00
313	Grady Laughlin	Fort Wayne IN	24	58:20:00
314	Jordan Glassley	Fort Wayne IN	16	58:28:00
315	Ashley Wellman	Fort Wayne IN	32	58:31:00
316	Kirsten Engdahl	Columbia City	25	58:36:00
317	Cheryl Stromski	Antwerp OH	52	58:39:00
318	Rich Stephenson	Monroeville IN	60	58:42:00
319	Chad Appleman	Fort Wayne IN	36	58:44:00
320	Michael Wolfe	Fort Wayne IN	38	58:48:00
321	Janel Force	Fort Wayne IN	36	58:49:00

322	Tony Ashley	Fort Wayne IN	47	59:01:00
323	Ryan Fruchey	Fort Wayne IN	32	59:05:00
324	Rachel Klinzing	Fort Wayne IN	24	59:09:00
325	John Brier	Fort Wayne IN	63	59:17:00
326	Brent Holsinger	Fort Wayne IN	50	59:18:00
327	Ron Forsythe	Marion IN	51	59:38:00
328	Jennifer Knerr	Fort Wayne IN	33	59:45:00
329	Greg Glassley	Fort Wayne IN	57	59:47:00
330	Susan Link	Auburn IN	48	1:00:06
331	Susan Okleshen	New Haven IN	48	1:00:07
332	Jason Sagan	Fort Wayne IN	36	1:00:17
333	Kim Dembickie	Fort Wayne IN	34	1:00:19
334	Lisa Groves	Fort Wayne IN	33	1:00:20
335	Michael Hollis	Fort Wayne IN	40	1:00:34
336	Miranda Kimmel	Fort Wayne IN	13	1:00:40
337	William Dinger	Fort Wayne IN	53	1:00:41
338	David Fikes	Fort Wayne IN	43	1:00:55
339	Nancy Simmonds	Fort Wayne IN	54	1:00:56
340	Pamela Wolfe	Fort Wayne IN	54	1:00:56
341	Tessa Pernsteiner	Fort Wayne IN	28	1:01:00
342	Brian' Dawson	Leo IN	36	1:01:03
343	Debbie Hesterman	Fort Wayne IN	49	1:01:08
344	Todd Werling	Fort Wayne IN	34	1:01:09
345	Jack Brenn	Fort Wayne IN	48	1:01:11
346	Kelly Kelly	Fort Wayne IN	35	1:01:12
347	Sonny Strack	Fort Wayne IN	49	1:01:14
348	Lisa Bennett	Columbia City	41	1:01:16
349	Dana Budd	Fort Wayne IN	53	1:01:43
350	Kelly Mize	South Whitley IN	44	1:01:44
351	Chris Bauer	Fort Wayne IN	36	1:01:51
352	Amber Bauer	Fort Wayne IN	25	1:01:51
353	Glenn Myers	Bluffton IN	48	1:02:00
354	Thomas Dobey	Fort Wayne IN	56	1:02:18
355	Larry Piano	Fort Wayne IN	59	1:02:31
356	Terrin Dietrich	Auburn IN	13	1:02:39
357	Kristy Jutte	Fort Wayne IN	26	1:02:46
358	Heather Peters	Fort Wayne IN	23	1:02:56
359	Natashia Korus	Fort Wayne IN	22	1:02:56
360	Terra Finderson	Auburn IN	35	1:03:20
361	Pam Joachim	Auburn IN	40	1:03:21
362	Megan Didyk	Fort Wayne IN	24	1:03:23
363	Molly O'Brian-adams	Fort Wayne IN	42	1:03:31
364	Angela Minich	Fort Wayne IN	27	1:03:38
365	Bobbi Kleinschmidt	Van Wert OH	34	1:03:44
366	Stacey Rhoades	New Haven IN	45	1:03:47
367	Cassidy Sampson	New Haven IN	12	1:03:49
368	Quinn Farver	Fort Wayne IN	48	1:03:50
369	Joseph Walburn	Fort Wayne IN	33	1:03:50
370	Benjamin Lancaster	Auburn IN	13	1:04:02
371	Robin Scott	Fort Wayne IN	38	1:04:02
372	Sherry Nidlinger	Fort Wayne IN	56	1:04:14
373	Kelly Ferguson	Bristol IN	38	1:04:22
374	Debby Leonard	Fort Wayne IN	57	1:04:30
375	Robert Snow	Fort Wayne IN	55	1:04:33
376	Brendan Arnold	Fort Wayne IN	32	1:04:39
377	Joseph Ryan	Fort Wayne IN	46	1:04:41

378	Robert Lawson	Fort Wayne IN	60	1:04:41
379	Lynne Feiertag	Fort Wayne IN	56	1:04:51
380	Melinda Webb	Fort Wayne IN	27	1:04:51
381	Brian Yee	Fort Wayne IN	34	1:04:52
382	Caitlyn Sampson	New Haven IN	16	1:04:52
383	Joe Blazek	Warsaw IN	50	1:04:55
384	Dan Bossard	Monroeville IN	57	1:04:55
385	Nathan Fleming	Fort Wayne IN	15	1:05:17
386	Jennifer Fleming	Fort Wayne IN	37	1:05:17
387	Debbie Kovets	Laotto IN	40	1:05:33
388	Lori Replin	Fort Wayne IN	35	1:05:35
389	Robert C Loomis	Monroe IN	74	1:05:40
390	John Wilkinson	Fort Wayne IN	54	1:05:42
391	Trent Glassley	Fort Wayne IN	22	1:06:00
392	Amanda Lutter	Laotto IN	30	1:06:11
393	John Feiertag	Fort Wayne IN	59	1:06:17
394	Julie Jackson	Fort Wayne IN	21	1:06:43
395	Krystal Stratton	New Haven IN	25	1:06:44
396	Gema Cardenas	Fort Wayne IN	36	1:06:51
397	Tracy Dolsen	Fort Wayne IN	35	1:07:00
398	Edward Gebhart	Albion IN	70	1:07:07
399	Gloria J Nold	Fort Wayne IN	72	1:07:41
400	Julie Bossard	Monroeville IN	48	1:07:41
401	Aaron Sauter	Fort Wayne IN	29	1:07:52
402	Julia Matter	Fort Wayne IN	23	1:07:59
403	John Lantz	Avilla IN	53	1:08:07
404	Robin Dombrowski	Fort Wayne IN	35	1:08:16
405	Jill Eakright	Fort Wayne IN	39	1:08:43
406	Christy Gripp	Fort Wayne IN	50	1:08:46
407	Adam Lewis	Wyoming MI	32	1:08:48
408	Vincent Blevins	Fort Wayne IN	18	1:08:52
409	Marley Sho	Waukon IA	59	1:09:07
410	Nicole Stein	New Haven IN	20	1:09:39
411	Lizette Downey	Fort Wayne IN	35	1:09:48
412	Chris Nill	Greenwood IN	31	1:09:49
413	Sarah Hayes	Fort Wayne IN	34	1:09:53
414	April Lass	Fort Wayne IN	36	1:10:01
415	Chelcey Kirkpatrick	Albion IN	23	1:10:03
416	Scott Strode	North Manchester	70	1:10:27
417	John Nill	Portland IN	58	1:11:17
418	Cecelia Snow	Fort Wayne IN	11	1:11:40
419	Lauretta Matter	Fort Wayne IN	54	1:12:02
420	Dave Anderson	Fort Wayne IN	47	1:12:21
421	Ralph Waite	Lima OH	59	1:13:20
422	Gretchen Fruchey	Fort Wayne IN	32	1:13:22
423	Steve Gripp	Fort Wayne IN	54	1:14:40
424	Jenni Etzler	Fort Wayne IN	56	1:17:06
425	Christina Bard	Fort Wayne IN	40	1:18:24
426	Beverly Metzger	Fort Wayne IN	45	1:18:33
427	Curtis Nold	Fort Wayne IN	76	1:20:26
428	Heather Backs	Fort Wayne IN	34	1:23:11
429	Emily Uphoff	Fort Wayne IN	30	1:23:11
430	Gina Maloney	Auburn IN	40	1:23:22
431	Chelsey Conroy	Fort Wayne IN	24	1:23:22
432	Margie Morris-Parker	Fort Wayne IN	49	1:23:49
433	Beverly Taylor	Fort Wayne IN	47	1:23:52

434	Cathy Strack	Fort Wayne IN	46	1:23:52
435	Benjamin Bard	Fort Wayne IN	36	1:25:30
436	Betty Greider	Fort Wayne IN	46	1:28:28

Jingle Bell Run 5K				
November 11, 2007				
Place	Name	City	Age	Time
1	Brian Shepherd	Ligonier	42	16:19
2	Robby Kleber	Fort Wayne	17	16:27
3	Travis Strock	Fort Wayne	18	17:15
4	Austin Kilmer	Churubusco	17	17:39
5	Cyrus Brinegar	Fort Wayne	15	17:52
6	Richard Kempf	Fort Wayne	51	17:59
7	Matt Miller	Fort Wayne	27	18:07
8	Andrew Eckrich	Fort Wayne	14	18:12
9	Nick Nave	Fort Wayne	15	18:20
10	Colin Lyman	Fort Wayne	16	19:04
11	Grant Stieglitz	Fort Wayne	22	19:08
12	Mark O'Shaughnessy	Fort Wayne	47	19:24
13	Ciersten Deardorf	Fort Wayne	16	19:33
14	Ward Moya	Fort Wayne	44	19:34
15	Jim Berry	Fort Wayne	45	19:43
16	Thomas Bussen	Leo IN	45	19:50
17	Paul Shaffer	Decatur I	49	19:54
18	Anthony Juliano	Fort Wayne	38	20:01
19	Ben Gensic	Fort Wayne	28	20:03
20	Connor O'Shaughnessy	Fort Wayne	16	20:09
21	Dan Green	Fort Wayne	53	20:28
22	Matt Scott	Warsaw IN	39	20:31
23	Halle Shine	Fort Wayne	14	20:32
24	Doug Dark	Fort Wayne	46	20:32
25	Sherry Petersen	Muncie IN	41	20:46
26	Daniel Leffers	Fort Wayne	56	20:47
27	Anne M Shank	Fort Wayne	41	20:55
28	Ben Schwartz	Fort Wayne	10	21:04
29	Matt Frisby	Spencervil	15	21:27
30	Cara Fisher	Fort Wayne	14	21:29
31	Daniel Eitzcorn	Fort Wayne	19	21:35
32	Steve Webb	Fort Wayne	42	21:36
33	Melanie Gall	Fort Wayne	26	21:42
34	John Treleaven	Fort Wayne	55	21:44
35	Michael Clendenen	New Haven	52	21:48
36	Bill Fisher	Fort Wayne	38	21:57
37	Shawn Kelley	Churubusco	15	21:58
38	Sean McManus	Fort Wayne	12	22:11
39	Sara Zimmerman	Fort Wayne	14	22:13
40	Kayla Lubkert	Fort Wayne	14	22:14
41	Len Piropato	Fort Wayne	53	22:17
42	Addie Reibold	Fort Wayne	11	22:25
43	Matthew Place	Shalimar	20	22:43
44	Brittany Shuler	Fort Wayne	16	22:44
45	Lori Faurote	Fort Wayne	27	22:48
46	Craig Bobay	Fort Wayne	51	22:51
47	Coral Whaley	Fort Wayne	11	22:53

48	Santiago Martinez	Columbia C	40	22:54
49	Kaitlin Boester	Fort Wayne	19	22:56
50	Sarah Badenhop	Fort Wayne	19	22:58
51	Janet Souder	Fort Wayne	28	23:02
52	Lucas Smith	Fort Wayne	19	23:10
53	Emily Zent	Fort Wayne	15	23:19
54	Tim Sedlmeyer	Fort Wayne	17	23:32
55	Melissa Ludack	Fort Wayne	27	23:34
56	Jim Thill	Fort Wayne	46	23:43
57	John Williams	Fort Wayne	43	23:55
58	Ben Skowronek	Fort Wayne	10	24:01:00
59	Michael Nussa	Fort Wayne	16	24:02:00
60	Rebecca Downs	Fort Wayne	17	24:03:00
61	Chelsea Blanchard	Fort Wayne	17	24:03:00
62	Samantha Ginther	Fort Wayne	17	24:04:00
63	Kaitlynn Byrd	Fort Wayne	17	24:04:00
64	Nora Lucas	Fremont I	24	24:05:00
65	Sam Fisher	Fort Wayne	10	24:06:00
66	Cendra Deardorf	Fort Wayne	11	24:10:00
67	Bryon Parker	Ingleside	37	24:11:00
68	Laura Swanson	Fort Wayne	15	24:13:00
69	Sarah Pollitt	Huntertown	28	24:14:00
70	Herb Schwartz	Fort Wayne	44	24:14:00
71	Geoffrey Wladecki	Fort Wayne	51	24:15:00
72	Tom Utley	Fort Wayne	45	24:27:00
73	Chris Arnett	New Haven	18	24:28:00
74	Brandon Webb	Fort Wayne	12	24:30:00
75	Michael Lee	Fort Wayne	45	24:31:00
76	Mark Walden	Fort Wayne	33	24:33:00
77	David Kuker	Fort Wayne	40	24:38:00
78	Jessica Palevich	Fort Wayne	21	24:41:00
79	Craig Crawford	Kendallvil	27	24:44:00
80	Cortney Schwartz	Fort Wayne	39	24:46:00
81	Kipp Force	Fort Wayne	14	24:50:00
82	Steve Edmiston	New Haven	48	24:51:00
83	Sam Edwards	Fort Wayne	11	24:55:00
84	Tony Galuoppo	Fort Wayne	48	25:01:00
85	Olivia Hippensteel	Fort Wayne	13	25:15:00
86	Terri Gross	Fort Wayne	52	25:17:00
87	Joshua Bradish	Fort Wayne	23	25:20:00
88	John Drebenstedt	Fort Wayne	38	25:21:00
89	Maggie Hirons	Hamilton	16	25:23:00
90	Mailiss Riddle	Hamilton	15	25:23:00
91	McKenzie Snyder	Angola IN	15	25:23:00
92	Collin Webb	Fort Wayne	8	25:26:00
93	Sarah Robinson	Fort Wayne	40	25:27:00
94	Jerry Brinegar	Fort Wayne	45	25:28:00
95	Derek Wetli	Fort Wayne	25	25:30:00
96	Angela Palevich	Fort Wayne	23	25:30:00
97	Laurie Whisler	Fort Wayne	42	25:31:00
98	Madeline Reibold	Fort Wayne	9	25:32:00
99	Connie Gordon	Churubusco	45	25:36:00
100	Anne M Karr	Fort Wayne	53	25:43:00
101	Scott Karr	Fort Wayne	52	25:51:00
102	Melinda Kinder	Fort Wayne	47	26:00:00
103	Isaac Ramey	Fort Wayne	8	26:09:00

104	Timmy Rooney	Fort Wayne	10	26:10:00
105	Gary Gordon	Churubusco	45	26:28:00
106	Heather Carter	Fort Wayne	26	26:30:00
107	Amy Olsen	Fort Wayne	28	26:32:00
108	Ashley Wellman	Fort Wayne	32	26:36:00
109	Melissa Schwartz	Fort Wayne	14	26:41:00
110	Cheri Steigmeyer	Fort Wayne	41	26:43:00
111	Emily Eifert	Fort Wayne	10	26:45:00
112	Cindy McGovern	Fort Wayne	43	26:46:00
113	Sara Wetli	Fort Wayne	24	26:51:00
114	Janel Force	Fort Wayne	36	26:53:00
115	Collin Williams	Fort Wayne	13	26:55:00
116	Joy Dunno	Decatur I	46	26:57:00
117	Janet Place	Shalimar	54	26:58:00
118	Bridget Rooney	Fort Wayne	42	26:59:00
119	Pamela Wolfe	Fort Wayne	54	27:05:00
120	Ross Ashby	Fort Wayne	43	27:14:00
121	Jack Brenn	Fort Wayne	48	27:15:00
122	Larry Arnett	New Haven	47	27:17:00
123	Derrick Smith	Fort Wayne	46	27:22:00
124	Michael Hollis	Fort Wayne	40	27:24:00
125	Georgia Lambert	Fort Wayne	15	27:25:00
126	Robert Snow	Fort Wayne	55	27:27:00
127	Lisa Byanski	Fort Wayne	34	27:29:00
128	Susan King	Fort Wayne	27	27:47:00
129	David Force	Fort Wayne	38	27:48:00
130	Angela Maddron	Fort Wayne	14	28:00:00
131	Josh Baxter	Fort Wayne	21	28:12:00
132	Brian Goodwin	Fort Wayne	33	28:15:00
133	Karleen Goodwin	Fort Wayne	33	28:16:00
134	Tony Miller	Fort Wayne	37	28:47:00
135	Kim Reinoehl	N Manchester	32	29:07:00
136	Lynelle Lee	Fort Wayne	12	29:10:00
137	Susan Lee	Fort Wayne	45	29:12:00
138	Caitlyn Sampson	New Haven	16	29:22:00
139	Emily Walden	Fort Wayne	38	29:36:00
140	Molly O'Brian-adams	Fort Wayne	42	29:39:00
141	Miranda Kimmel	Fort Wayne	13	29:41:00
142	Lori Washington	Fort Wayne	38	29:48:00
143	Cassidy Sampson	New Haven	13	29:53:00
144	Stacey Rhoades	New Haven	45	30:00:00
145	John Adams	Fort Wayne	44	30:14:00
146	Sherry Nidlinger	Fort Wayne	56	30:22:00
147	Heather Lothamer	Fort Wayne	14	30:25:00
148	John Lantz	Avilla IN	53	30:26:00
149	Jeanne Myers	Auburn IN	47	30:28:00
150	Laura Reiss	Fort Wayne	49	30:30:00
151	Larry Piano	Fort Wayne	59	30:35:00
152	Heidi Delagrange	Fort Wayne	40	30:38:00
153	Kelson Reiss	Fort Wayne	10	30:40:00
154	Susan Peterson	Albion IN	53	30:47:00
155	Brenda Miller	Leo IN	38	31:04:00
156	Brenda Litter	Fort Wayne	45	31:07:00
157	Lillian Lothamer	Fort Wayne	44	31:16:00
158	Jacqueline Loudon	Fort Wayne	23	31:17:00
159	Emily McManus	Fort Wayne	7	31:36:00

160	Michael McManus	Fort Wayne	44	31:41:00
161	Tammy Harris	Fort Wayne	35	32:27:00
162	Karen Morgan	Spencervil	49	32:28:00
163	Joseph Dorke	Fort Wayne	50	32:30:00
164	Robert C Loomis	Monroe IN	74	32:31:00
165	Edward Gebhart	Albion IN	70	32:41:00
166	Emily Witte	Fort Wayne	31	32:55:00
167	Bobbie Rice	Fort Wayne	27	32:57:00
168	Julie Hirons	Hamilton	39	32:58:00
169	Juliann Bradish	Fort Wayne	25	34:47:00
170	Marlin Short	Wauseon	59	34:52:00
171	Charles Place	Shalimar	64	35:03:00
172	Amy Palmer	Fort Wayne	13	35:04:00
173	Katharine Lundy	Fort Wayne	13	35:04:00
174	Charlie James	Fort Wayne	8	35:31:00
175	Jack James	Fort Wayne	8	35:32:00
176	Rebecca James	Fort Wayne	38	35:35:00
177	Kim Ginder	Fort Wayne	35	35:51:00
178	Debbie Diller	Fort Wayne	50	35:52:00
179	Bernie Huesing	Fort Wayne	74	36:18:00
180	Terri Schrock	Fort Wayne	45	36:38:00
181	David Corner	Fort Wayne	54	36:39:00
182	Andrea Wolf	Fort Wayne	49	37:02:00
183	Heather Drebenstedt	Fort Wayne	29	37:39:00
184	Rachael Jones	Fort Wayne	38	37:41:00
185	Jim Corner	Fort Wayne	53	37:43:00
186	Cecelia Snow	Fort Wayne	11	37:45:00
187	Andra Duffner	Fort Wayne	10	37:49:00
188	Conner O'Brien	Fort Wayne	12	38:00:00
189	Barb Richardson	Fort Wayne	50	38:03:00
190	Diane Straessle	Fort Wayne	50	38:10:00
191	Beth Reibold	Fort Wayne	39	38:12:00
192	Michael Kenning	Buffalo Gr	25	38:28:00
193	Lauren Bley	Chicago I	23	38:28:00
194	Carissa Rose	South Whit	26	38:31:00
195	Rachel Schwartz	Fort Wayne	11	38:49:00
196	Lisa Thompson	Fort Wayne	31	39:51:00
197	Sheila Schwartz	Fort Wayne	43	41:02:00
198	Laura Duffner	Fort Wayne	42	41:03:00
199	Sarah Camino	Fort Wayne	9	42:16:00
200	Lane Harris	Fort Wayne	9	42:17:00
201	Madison O'Brien	Fort Wayne	10	42:19:00
202	Colleen O'Brien	Fort Wayne	44	42:20:00
203	Jill Biehl	North Manc	51	43:03:00
204	Lynette Getz	Fort Wayne	61	44:00:00
205	Jennie Klinger	Fort Wayne	36	52:00:00
206	Katie Klinger	Fort Wayne	9	52:00:00

5	Dave Bussard	Elkhart IN	47	17:03
6	Blake Hamilton	Alexandria IN	17	17:14
7	Ron Sharp	Fort Wayne IN	42	17:23
8	Mark Furkis	Ligonier IN	52	17:29
9	Travis Strock	Fort Wayne IN	18	17:37
10	Chuck Deford	Fort Wayne IN	48	17:41
11	Peter Ryan	Fort Wayne IN	23	17:41
12	Chuck Schlemmer	Ligonier IN	46	17:43
13	Jacob Wyatt	Angola IN	18	17:56
14	Manuel Martinez	Fort Wayne IN	44	18:02
15	Joshua Miller	Waterloo IN	19	18:14
16	Aj Herbel	Sparta MI	18	18:19
17	Andrew Eckrich	Fort Wayne IN	14	18:21
18	Daniel Nave	Fort Wayne IN	18	18:23
19	Brad A Thomas	Fort Wayne IN	32	18:27
20	Alex Cushman	Ossian IN	14	18:33
21	John Schnieders	Decatur IN	43	18:34
22	Dave Devoe	Bluffton IN	39	18:40
23	Michael Henry	Fort Wayne IN	43	18:43
24	Benjamin Ashby	Fort Wayne IN	25	18:48
25	Doug Sundling	Bluffton IN	52	18:55
26	Joshua Kunkel	Huntertown IN	18	19:21
27	Mark A Mays	Fort Wayne IN	35	19:26
28	Joshua Utley	Fort Wayne IN	14	19:28
29	Ward Moya	Fort Wayne IN	44	19:41
30	Brian Graham	Fort Wayne IN	18	20:07
31	Mark O'Shaughnessy	Fort Wayne IN	47	20:10
32	Brett Hess	Fort Wayne IN	42	20:16
33	Jonathon Mahoney	Fort Wayne IN	19	20:16
34	Scott Eberle	Fort Wayne IN	44	20:20
35	Anthony Juliano	Fort Wayne IN	38	20:22
36	Matt Scott	Warsaw IN	39	20:23
37	Daniel Leffers	Fort Wayne IN	56	20:27
38	Ed P Reinhard	Poneto IN	50	20:29
39	Connor O'Shaughnessy	Fort Wayne IN	16	20:34
40	Jed Pearson	Columbia City	56	20:36
41	Roger Wilson	Fort Wayne IN	54	20:42
42	Jacob Schroeder	Fort Wayne IN	15	20:47
43	Tim Stumph	Fort Wayne IN	43	20:55
44	Stephen Olson	Fort Wayne IN	31	21:00
45	Jennifer Beakas	Auburn IN	19	21:06
46	Del Doughty	Huntington IN	41	21:14
47	Chris J Scagnoli	Fort Wayne IN	23	21:17
48	Troy McArthy	Huntertown IN	38	21:17
49	Chris Croy	Fort Wayne IN	51	21:19
50	Jeff Jones	Fort Wayne IN	33	21:19
51	Mark Grose	Fort Wayne IN	49	21:25
52	Brad Lepper	Fort Wayne IN	37	21:28
53	Kevin Lochner	N Manchester	52	21:33
54	Samantha Ginther	Fort Wayne IN	17	21:41
55	Mike Slaubaugh	Fort Wayne IN	47	21:45
56	Gordon Pleus	Fort Wayne IN	61	21:47
57	Rebecca Downs	Fort Wayne IN	17	21:50
58	Tim Delong	Fort Wayne IN	41	21:51
59	Neil Tate	N Manchester	56	21:52
60	Jordan Mornout	Fort Wayne IN	15	21:54

Turkey Trot 5K
November 17, 2007

Place	Name	City	Age	Time
1	Justin Konalski	Mishawaka IN	22	16:37
2	Jeff Nidlinger	Fort Wayne IN	28	16:43
3	Alex Stoltie	Garrett IN	17	16:57
4	Kyle Smiley	New Carlisle IN	16	17:00

61	Jared Newhard	Fort Wayne IN	35	21:55
62	Jessica Ryan	Fort Wayne IN	22	22:04
63	Jeff Steinberg	Fort Wayne IN	46	22:05
64	Bob Bruckner	Fort Wayne IN	62	22:05
65	Shawn Kelley	Churubusco IN	15	22:20
66	Ric Poorman	Fort Wayne IN	47	22:27
67	Ken Long	Fort Wayne IN	57	22:27
68	Alexis Godeke	Antwerp OH	16	22:34
69	Christian Clark	Fort Wayne IN	14	22:34
70	Mark Walden	Fort Wayne IN	33	22:47
71	Jason Meyer	Fort Wayne IN	26	23:04
72	Santiago Martinez	Columbia City	40	23:07
73	Sheryle Braaten	Hoagland IN	47	23:10
74	Janet Souder	Fort Wayne IN	28	23:13
75	Anthony Petras	Fort Wayne IN	22	23:14
76	James McKinnon	Waterloo IN	51	23:15
77	Katrina Bard	Fort Wayne IN	12	23:15
78	Quintin Lepper	Fort Wayne IN	13	23:20
79	Cindy McGovern	Fort Wayne IN	43	23:23
80	Mark Beakas	Auburn IN	43	23:37
81	Jack Doughty	Huntington IN	10	23:39
82	Haley Havert	Fort Wayne IN	13	23:40
83	Michael S Wemhoff	Fort Wayne IN	46	23:47
84	John Christensen	Fort Wayne IN	38	23:51
85	Kerry Blanchette	Fort Wayne IN	54	23:55
86	Jessica Palevich	Fort Wayne IN	21	23:59
87	Tim Newlin	Fort Wayne IN	44	24:00:00
88	Dan Cummiskey	Fort Wayne IN	46	24:05:00
89	Tom Utley	Fort Wayne IN	45	24:06:00
90	Molly Kurtz	Fort Wayne IN	26	24:10:00
91	Brett Dougan	Saint Joe IN	22	24:10:00
92	Kevin Kurtz	Fort Wayne IN	44	24:11:00
93	Grant Adams	Leo IN	12	24:12:00
94	Barry Adams	Leo IN	41	24:12:00
95	Jim Bougher	Fort Wayne IN	45	24:27:00
96	Katrina Schreiber	Fort Wayne IN	14	24:28:00
97	Abbie Newlin	Fort Wayne IN	17	24:30:00
98	Joe Astroski	Fort Wayne IN	51	24:39:00
99	Teri Huffman	Bluffton IN	45	24:39:00
100	Michael Variell	Convoy OH	51	24:47:00
101	Dorthea Ruhl	Angola IN	48	24:57:00
102	Sarah Pollitt	Huntertown IN	28	24:58:00
103	Katrina Loucks	Fort Wayne IN	36	24:58:00
104	Amy Mays	Fort Wayne IN	35	25:06:00
105	Jerry Bougher	Sheboygan WI	37	25:09:00
106	Jason Cook	Fort Wayne IN	36	25:09:00
107	Angie Lockwood	Bluffton IN	37	25:16:00
108	Ted Little	N Manchester	55	25:17:00
109	Jim Silcox	Roanoke IN	49	25:19:00
110	Sam Edwards	Fort Wayne IN	11	25:21:00
111	Shawn Striker	Fort Wayne IN	48	25:22:00
112	Lucia Sirova	Fort Wayne IN	18	25:32:00
113	David Craker	Fort Wayne IN	42	25:33:00
114	Quinn Farver	Fort Wayne IN	48	25:34:00
115	Courtney Wennemar	Fort Wayne IN	31	25:39:00
116	Jim Pickett	Fort Wayne IN	58	25:44:00

117	Eva Sagan	Fort Wayne IN	36	25:46:00
118	Terri Gross	Fort Wayne IN	52	25:55:00
119	Larry Trumbull, Jr	Columbia City	45	26:06:00
120	Terrin Dietrich	Auburn IN	13	26:08:00
121	Tony Reinhard	Bluffton IN	47	26:09:00
122	Timothy Maloney	Auburn IN	36	26:09:00
123	Ron Zartman	Fort Wayne IN	51	26:09:00
124	David E Boylan	Fort Wayne IN	65	26:10:00
125	Connie Gordon	Churubusco IN	45	26:12:00
126	Sam Hadley	Grabill IN	55	26:14:00
127	Steve Edmiston	New Haven IN	48	26:19:00
128	Kevin Truelove	Winona Lake IN	50	26:24:00
129	Kent C Ober	Fort Wayne IN	62	26:26:00
130	Jake Berghoff	Fort Wayne IN	15	26:27:00
131	Bill Clark	Fort Wayne IN	45	26:30:00
132	Kathy Pleus	Fort Wayne IN	57	26:35:00
133	Ashley Wellman	Fort Wayne IN	32	26:44:00
134	John David McPherson	Fort Wayne IN	54	27:04:00
135	Megan Burzych	Fort Wayne IN	27	27:17:00
136	Frederick Schreiber	Fort Wayne IN	12	27:21:00
137	Michael Wolfe	Fort Wayne IN	38	27:23:00
138	Michael Hollis	Fort Wayne IN	40	27:23:00
139	Dick Harnly	Fort Wayne IN	70	27:26:00
140	Rachel Klinzing	Fort Wayne IN	24	27:30:00
141	Rich Stephenson	Monroeville IN	60	27:33:00
142	Brian Miller	Hamilton IN	51	27:43:00
143	Guy Lamott	Fort Wayne IN	43	27:55:00
144	Pamela Wolfe	Fort Wayne IN	54	27:55:00
145	Lisa Clark	Fort Wayne IN	44	27:56:00
146	Angela Palevich	Fort Wayne IN	23	27:59:00
147	Philip Kelley	Churubusco IN	46	28:13:00
148	Dan Weir	Fort Wayne IN	51	28:21:00
149	Gloria Craig	Cecil OH	44	28:40:00
150	Barb Scrogam	Fort Wayne IN	61	28:41:00
151	Janel Force	Fort Wayne IN	36	29:03:00
152	Andrew Barry	Fort Wayne IN	43	29:07:00
153	Linette Barry	Fort Wayne IN	44	29:13:00
154	Bud Stiffler	Anderson IN	69	29:14:00
155	Donald Kramer	Van Wert OH	53	29:25:00
156	Cheryl Stromski	Antwerp OH	52	29:39:00
157	Dana Budd	Churubusco IN	53	29:41:00
158	Terri Schrock	Fort Wayne IN	45	29:45:00
159	David Corner	Fort Wayne IN	54	29:45:00
160	Susan Okleshen	New Haven IN	48	29:56:00
161	Elaine Bricker	Bluffton IN	55	30:13:00
162	Nancy Simmonds	Fort Wayne IN	54	30:26:00
163	Sonny Strack	Fort Wayne IN	49	30:35:00
164	John Lantz	Avilla IN	53	30:35:00
165	Terry Powers	Winona Lake IN	44	30:55:00
166	John Feiertag	Fort Wayne IN	59	31:15:00
167	Randy Grote	Fort Wayne IN	44	31:26:00
168	Veronika Grote	Fort Wayne IN	12	31:26:00
169	Lynne Feiertag	Fort Wayne IN	56	31:28:00
170	Jim Berghoff	Fort Wayne IN	47	31:53:00
171	Rick Hilker	Fort Wayne IN	52	31:53:00
172	Cheryl Kiel	Fort Wayne IN	43	31:53:00

173	Sherry Nidlinger	Fort Wayne IN	56	32:04:00
174	Robin Dombrowski	Fort Wayne IN	36	32:25:00
175	Kevin Huffman	Bluffton IN	45	32:36:00
176	Lauren Klaehn	Geneva IN	10	32:36:00
177	Steve Rhoades	Garrett IN	47	32:37:00
178	Charles Schreiber	Fort Wayne IN	50	32:42:00
179	Crysta Maniscako	Roanoke IN	14	32:42:00
180	Brandon Kimes	Fort Wayne IN	9	33:03:00
181	Jay Kimes	Fort Wayne IN	38	33:03:00
182	Robert C Loomis	Monroe IN	74	33:30:00
183	John Fribley	Auburn IN	44	34:31:00
184	Noel Hupp	Fort Wayne IN	68	34:33:00
185	Gary L Bird	Columbia City	49	34:37:00
186	Sam N Bird	Columbia City	17	34:37:00
187	Sarah Bird	Columbia City	13	34:37:00
188	Carrie Boylan	Fort Wayne IN	30	35:01:00
189	Robert Lawson	Fort Wayne IN	60	35:17:00
190	Marlin Shout	Wauseon OH	59	36:01:00
191	Danielle Wiley	Fort Wayne IN	19	36:07:00
192	Brenda Wiley	Fort Wayne IN	45	36:07:00
193	Roger Thibault	Winona Lake IN	49	36:45:00
194	Chad Ware	Fort Wayne IN	40	37:23:00
195	Susan Peterson	Albion IN	53	37:54:00
196	Christina Bard	Fort Wayne IN	40	38:20:00
197	Margie Morris-Parker	Fort Wayne IN	49	38:45:00
198	Beverly Metzger	Fort Wayne IN	45	38:48:00
199	Vincent Blevins	Fort Wayne IN	18	38:49:00
200	Gina Maloney	Auburn IN	40	39:01:00
201	Robin Maggert	Garrett IN	39	39:01:00
202	Becky Laughlin	Fort Wayne IN	49	40:02:00
203	Kalissa Blanchette	Fort Wayne IN	20	40:18:00
204	Sherry Variell	Convoy OH	52	41:16:00
205	Regina Blanchette	Fort Wayne IN	53	41:21:00
206	Katelynn Working	La Fontaine IN	18	42:16:00
207	Betty Greider	Fort Wayne IN	46	43:40:00
208	Kenneth E Disler	Fort Wayne IN	84	48:46:00
209	Linda Thibault	Winona Lake IN	53	49:01:00
210	Angela Bougher	Sheboygan WI	32	57:14:00
211	Anne Bougher	Fort Wayne IN	46	57:14:00

Galloping Gobbler 4 Miler				
November 22, 2007				
Place	Name	City	Age	Time
1	Mike Cole	Corunna IN	32	20:49
2	Eric Ade	Fort Wayne IN	29	20:55
3	Jared Messmann	Fort Wayne IN	21	21:08
4	Mitch Novy	Garrett IN	23	21:16
5	Casey Shafer	Bluffton IN	27	21:17
6	Randy Placencia	Garrett IN	20	21:46
7	Harrison Fausey	Columbia City	17	22:16
8	Joseph Horber	Fremont IN	17	22:19
9	Chris White	Granger IN	33	22:29
10	Thomas Crum	Fort Wayne IN	20	22:31
11	Peter Ryan	Fort Wayne IN	23	22:34

12	Benjamin Reifenberg	Fort Wayne IN	18	22:43
13	Braden Nelson	Angola IN	19	22:48
14	Beth Herndon	Fort Wayne IN	22	22:50
15	Josh Maple	Fort Wayne IN	31	23:09
16	Matt Brier	Saint Louis MO	29	23:23
17	Jacob Phillips	Fort Wayne IN	17	23:28
18	Paul Furniss	Angola IN	40	23:50
19	Eric Schwartz	Boulder CO	37	23:56
20	Bryan Gill	Columbia City	22	23:54
21	Bernie Zoll	Bluffton IN	32	24:01
22	Ashley Richey	Spencerville IN	22	24:01:00
23	Michael Henry	Fort Wayne IN	43	24:03:00
24	Luke Momper	Fort Wayne IN	16	24:12:00
25	Andrew Eckrich	Fort Wayne IN	14	24:13:00
26	Jay Prichard	Van Wert OH	50	24:15:00
27	Matt Miller	Fort Wayne IN	27	24:19:00
28	Philip Fetro	Lake Village IN	26	24:28:00
29	Hugh Jackson	Fort Wayne IN	20	24:30:00
30	Jason Sorg	Fort Wayne IN	28	24:34:00
31	Doug Sundling	Bluffton IN	52	24:46:00
32	Scott Ecclestone	Fort Wayne IN	46	24:50:00
33	Tim Claxton	Fort Wayne IN	43	24:53:00
34	James Ferrier	Angola IN	46	25:00:00
35	Dashon Smith	Fort Wayne IN	22	25:04:00
36	Edward Fish	Fort Wayne IN	28	25:18:00
37	Michael Fetro	Muncie IN	23	25:34:00
38	Trent Prough	Markle IN	36	25:35:00
39	Kermit Hogeston	Churubusco IN	39	25:39:00
40	Philip Salisbury	Fort Wayne IN	33	25:40:00
41	Mark Doepner	Fort Wayne IN	25	25:41:00
42	Ethan Wappes	Fort Wayne IN	15	25:42:00
43	Dave Boyer	Fort Wayne IN	20	25:42:00
44	Cody Sengthong	Fort Wayne IN	16	25:45:00
45	Mack Neukam	Fort Wayne IN	14	25:47:00
46	Eric Harshman	Louisville KY	27	25:47:00
47	Conner Schwartz	Knoxville TN	14	25:57:00
48	Joshua Utley	Fort Wayne IN	14	25:56:00
49	Fernando Ruiz	Fort Wayne IN	50	26:04:00
50	Patrick Lothamer	Fort Wayne IN	15	26:13:00
51	Anthony Juliano	Fort Wayne IN	38	26:15:00
52	Greg Wemhoff	Hillsboro MO	50	26:17:00
53	Jed Pearson	Fort Wayne IN	56	26:20:00
54	Anthony Dembickie	Fort Wayne IN	54	26:23:00
55	Jeremy Freeman	Columbia City	33	26:39:00
56	Anthony Erlandson	Fort Wayne IN	19	26:42:00
57	Ben Cowan	Van Wert OH	28	26:40:00
58	Sam Trahin	Fort Wayne IN	17	26:41:00
59	Jeff Kondraschow		24	26:43:00
60	Andrew Mariejewski	Fort Wayne IN	15	26:52:00
61	Dane Okleshen	New Haven IN	17	26:54:00
62	Geoff Wilson	Lake Zurich IL	59	26:57:00
63	Tony Galassini	Fort Wayne IN	37	26:55:00
64	Linda Keuneke	Fort Wayne IN	44	26:56:00
65	Matt Scott	Warsaw IN	39	26:53:00
66	Lars Kuelling	Fort Wayne IN	36	26:59:00
67	Aaron Bryson	Ft Wayne IN	19	27:00:00

68	Joshua Wappes	Fort Wayne IN	17	27:13:00
69	Jennifer Dice		28	27:19:00
70	Connor Hogeston	Churubusco IN	12	27:26:00
71	Scott Loffer	Manlius NY	26	27:25:00
72	Doug Dark	Fort Wayne IN	46	27:40:00
73	Paul Sturm	Fort Wayne IN	42	27:39:00
74	Michael Mangus	Hillsboro OH	11	27:40:00
75	Bill Mangus	Hillsboro OH	41	27:41:00
76	Ben Schwartz	Fort Wayne IN	10	27:44:00
77	James Martin	Fort Wayne IN	15	27:44:00
78	Tim Venderley	Fort Wayne IN	19	27:49:00
79	Todd Sullivan	Fort Wayne IN	34	27:51:00
80	Rod Trahin	Fort Wayne IN	42	27:51:00
81	Thomas Hardin	Fort Wayne IN	37	27:52:00
82	Allen Whittington	Van Wert OH	52	27:54:00
83	Nicole Kreis	New Haven IN	19	27:53:00
84	Hannah Weide	Fort Wayne IN	20	28:03:00
85	Olenka Bilyk	Fort Wayne IN	21	28:07:00
86	Jeff Steinberg	Fort Wayne IN	46	28:09:00
87	Mike Else	Fort Wayne IN	38	28:09:00
88	Kilan Knoblauch	Woodburn IN	32	28:08:00
89	Brian Clements	Fort Wayne IN	37	28:13:00
90	Justin Fuelling	New Haven IN	12	28:19:00
91	Zach Burrell	Fort Wayne IN	19	28:15:00
92	Jean Lesperance	Fort Wayne IN	48	28:27:00
93	Matt Hayes	Fort Wayne IN	18	28:27:00
94	Christopher Molnar	Fort Wayne IN	32	28:28:00
95	Chris Seagnoli	Fort Wayne IN	23	28:27:00
96	John Butchko	Dayton OH	41	28:21:00
97	Katie Creighton	Charlotte NC	49	28:35:00
98	James E Bushey	Fort Wayne IN	49	28:34:00
99	Evan Hyndman	Fort Wayne IN	27	28:34:00
100	Max Dvorak	Fort Wayne IN	13	28:44:00
101	Cindy McGovern	Fort Wayne IN	43	28:44:00
102	John Treleven	Fort Wayne IN	55	28:49:00
103	Liz Schloss	Fort Wayne IN	19	28:54:00
104	Bill Rooney	Fort Wayne IN	41	28:51:00
105	Patrick Bloom	Columbia City	22	28:52:00
106	Sheryle Braaten	Hoagland IN	47	28:56:00
107	Jeanne Courneene	Sheboygan WI	43	28:55:00
108	Michael Clendenen	New Haven IN	53	29:00:00
109	Jessica Ryan	Fort Wayne IN	22	29:10:00
110	Jay Miller	Carmel IN	38	29:07:00
111	Tony Yoakum	Fort Wayne IN	40	29:09:00
112	Art Mandelbaum	Fort Wayne IN	43	29:11:00
113	Ryan Berkes	Albion IN	31	28:56:00
114	Braden Melton	Decatur IN	15	29:18:00
115	Steve Webb	Fort Wayne IN	42	29:15:00
116	Max Silcox	Roanoke IN	13	29:12:00
117	Brian Robbins	Albion IN	20	29:07:00
118	Guillermo Barbosa	Warsaw IN	54	29:27:00
119	Jeffrey Metzger	Fort Wayne IN	46	29:24:00
120	Colin Brodmerkel	Ft. Wayne IN	21	29:26:00
121	Angie Amorini	Fort Wayne IN	32	29:33:00
122	Charlie Schortgen	Churubusco IN	49	29:26:00
123	Caitlin Brodmerkel	Ft. Wayne IN	21	29:50:00

124	Julie Krouse	Fort Wayne IN	21	29:50:00
125	Thomas J Felts	Fort Wayne IN	53	29:51:00
126	Brian Balhman	Indianapolis IN	27	29:52:00
127	Eric Edmiston	New Haven IN	17	30:04:00
128	Josh Smith	Columbia City	18	30:09:00
129	Roy Kiplinger	Fort Wayne IN	42	30:09:00
130	Brian Gongwer	Fort Wayne IN	34	30:11:00
131	Jessica Walcutt	Fort Wayne IN	19	30:13:00
132	Gary Brooks	Ossian IN	46	30:16:00
133	Vincent LaMarca	Indianapolis IN	34	30:13:00
134	Jeremy Lung	Garrett IN	27	30:27:00
135	John Sparzo	Avon IN	39	30:20:00
136	Andrew Blank	Burlington KY	14	30:31:00
137	Craig Bobay	Fort Wayne IN	51	30:36:00
138	Joe Frentzel	Mishawaka IN	30	30:32:00
139	Quinn Buck	Fort Wayne IN	14	30:45:00
140	Jeff Rude	Fort Wayne IN	39	30:36:00
141	Michael Butchko	Fort Wayne IN	44	30:32:00
142	Roman Reyes	Chicago IL	31	30:36:00
143	Chris Kumfer	Fort Wayne IN	23	30:32:00
144	Santiago Martinez	Columbia City	40	30:43:00
145	Colin Coryell	Anderson IN	9	30:50:00
146	Jim Bougher	Fort Wayne IN	45	30:50:00
147	Mike Wemhoff	Fort Wayne IN	46	30:45:00
148	Tiffany Bremer	Fort Wayne IN	20	30:43:00
149	Fred Hemsath	Saint Joseph MI	64	30:53:00
150	Joe Donnell	Fort Wayne IN	47	30:54:00
151	Erin Brady	Fort Wayne IN	36	30:56:00
152	Mike Nash		42	30:48:00
153	Tom Wuest	Fort Wayne IN	43	30:56:00
154	Ian Stoppenhagen	Ossian IN	37	31:00:00
155	Brad Trahin	Fort Wayne IN	12	31:01:00
156	Leann Ankney	Shipshewana	37	31:02:00
157	Josh Kumfer	Fort Wayne IN	28	30:57:00
158	Cameron Marloy		23	31:09:00
159	Dave Nelson	Ft Wayne IN	47	31:15:00
160	Tom Utley	Fort Wayne IN	45	31:16:00
161	Charles Copeland	Fort Wayne IN	38	31:22:00
162	Michael Overdahl	Fort Wayne IN	47	31:25:00
163	Mark Beckmann	Auburn IN	11	31:17:00
164	Brittany Shuler	Fort Wayne IN	16	31:19:00
165	Coral Whaley	Fort Wayne IN	11	31:23:00
166	Jessica Hayes	Fort Wayne IN	30	31:29:00
167	Timothy Maloney	Auburn IN	36	31:28:00
168	Kate Desimone	Fort Wayne IN	15	31:17:00
169	Kevin Kurtz	Fort Wayne IN	44	31:23:00
170	Tyler Wemhoff	Fort Wayne IN	13	31:13:00
171	Georgi Cameron	Fort Wayne IN	13	31:24:00
172	Dirk Pauley		38	31:28:00
173	Luke Forbing	Fort Wayne IN	27	31:24:00
174	Tracy Butler	Lexington KY	23	31:37:00
175	Anne Venderley	Fort Wayne IN	17	31:45:00
176	Cari Hardin	Fort Wayne IN	36	31:44:00
177	Kaitlynn Byrd	Fort Wayne IN	17	31:44:00
178	Dan Rorick	West Lafayette	24	31:48:00
179	Lauren Kirlin	Fort Wayne IN	16	31:46:00

180	Michael Variell	Convoy OH	51	31:48:00
181	Cheryl Pulver	Fort Wayne IN	37	31:49:00
182	Shawn Striker	Fort Wayne IN	48	31:46:00
183	Carli Bullis	Fort Wayne IN	21	31:40:00
184	Andy Sharfman	N Manchester	14	31:50:00
185	Monica Gilbert		36	31:54:00
186	Teresa Dyer	Harlan IN	33	31:54:00
187	Amber Hug		26	32:00:00
188	Amy Hile	Fort Wayne IN	42	31:55:00
189	Katie Parrish	Fort Wayne IN	23	31:59:00
190	Geoffrey Wladecki	Fort Wayne IN	51	31:58:00
191	Glenn Sharfman	N Manchester	46	31:59:00
192	Jim Pickett	Fort Wayne IN	58	32:07:00
193	Herb Schwartz		44	32:11:00
194	Brent Kumfer	Fort Wayne IN	26	31:57:00
195	Ryne Wemhoff	Fort Wayne IN	15	32:16:00
196	Amanda Dice		21	32:16:00
197	Heather Lortie	Churubusco IN	22	32:16:00
198	Jim Desimone	Fort Wayne IN	49	32:06:00
199	Michael Mabee	Fort Wayne IN	31	32:16:00
200	Patrick Ryan	Fort Wayne IN	53	32:18:00
201	Dennis Klopfenstein	New Haven IN	50	32:19:00
202	Jim Weide	Fort Wayne IN	55	32:20:00
203	Matt Georgi	Fort Wayne IN	42	32:16:00
204	Nicole Pence	Fort Wayne IN	23	32:09:00
205	Alex Staudinger	Fort Wayne IN	19	32:18:00
206	Frank Staudinger	Fort Wayne IN	50	32:19:00
207	Melanie Venderley	Fort Wayne IN	15	32:29:00
208	Sam Gillie	Fort Wayne IN	37	32:15:00
209	Joshua Nifong	Warsaw IN	23	32:26:00
210	David Garciss	Columbia City	42	32:34:00
211	Davicz Velasco	Berne IN	12	32:41:00
212	Kyle Velasco	Berne IN	44	32:41:00
213	Angie Lockwood	Bluffton IN	37	32:32:00
214	Cort Chilian	Fort Wayne IN	42	32:30:00
215	Kari Krouse	Fort Wayne IN	26	32:42:00
216	Isaiah Kreider	Columbia City	13	32:58:00
217	Rick Taylor	Fort Wayne IN	49	32:58:00
218	Allyson Ross	Smyrna GA	28	32:58:00
219	Caleb Boller	Roanoke IN	18	32:53:00
220	James Melton	Decatur IN	39	32:54:00
221	Sara Hoppe	Fort Wayne IN	16	32:59:00
222	Jim Silcox	Roanoke IN	49	33:03:00
223	Greg Beal	Fort Wayne IN	46	33:08:00
224	Rachel Nelson	Indianapolis IN	25	33:03:00
225	Bobby Pofada		28	33:06:00
226	Tony Galuoppo	Ft. Wayne IN	48	33:04:00
227	Ashley Schumacher	Fort Wayne IN	14	33:25:00
228	Dave Knispel	Fort Wayne IN	46	33:22:00
229	Scott Meyers		28	33:22:00
230	Sara Bauer	New Haven IN	33	33:23:00
231	Kyle Reynolds	Columbia City	16	33:34:00
232	Gregory Erlandson	Fort Wayne IN	54	33:35:00
233	Clinton Holsinger	Fort Wayne IN	22	33:37:00
234	Jayma Smith	Auburn IN	25	33:44:00
235	Laura Donnell	Fort Wayne IN	15	33:33:00

236	Linda Evans	Sheboygan WI	41	33:40:00
237	Megan Scheumann	Fort Wayne IN	22	33:43:00
238	Justin Heffernan	Fort Wayne IN	32	33:42:00
239	Cortney Schwartz	Fort Wayne IN	39	33:42:00
240	Michelle Molargik	Auburn IN	29	33:40:00
241	Chadd Haggensjos	Fort Wayne IN	17	33:51:00
242	Scott Beckmann	Auburn IN	9	33:46:00
243	Kevin Beckmann	Auburn IN	36	33:46:00
244	Ed Taylor	Baraboo WI	58	33:45:00
245	Lori Kuchmay	Fort Wayne IN	34	33:45:00
246	Jack Buck	Fort Wayne IN	46	33:55:00
247	Heidi Skaggs	Fort Wayne IN	25	33:46:00
248	Michael Matter	Fort Wayne IN	21	33:50:00
249	Steve Zacher	Fort Wayne IN	46	33:54:00
250	Lonnie Crump	Decatur IN	41	34:01:00
251	Kirt Wiggins		40	33:54:00
252	Dan McGuire	Fort Wayne IN	44	34:00:00
253	Carley Scheumann	Fort Wayne IN	14	34:05:00
254	Teri Fields	Columbia City	30	34:03:00
255	David Craker	Fort Wayne IN	42	34:04:00
256	Daniel Palmer	Fort Wayne IN	41	34:12:00
257	Michael Hayes	Fort Wayne IN	42	33:55:00
258	Bruce Gardner	Fort Wayne IN	38	34:12:00
259	Ronald Stinchcomb	Fort Wayne IN	60	33:58:00
260	Michael Powers	Winona Lake	44	34:01:00
261	Julianne Houser	Fort Wayne IN	48	34:09:00
262	Dawn Mabry	Fort Wayne IN	48	34:16:00
263	Kate White	Roanoke IN	10	34:16:00
264	Michael Cadelli	Fort Wayne IN	35	34:10:00
265	Eric White	Roanoke IN	43	34:20:00
266	Pat Sullivan		49	34:27:00
267	Payton Lill	Fort Wayne IN	13	34:24:00
268	Shawn Boylan	Fort Wayne IN	45	34:25:00
269	Steve Edmiston	New Haven IN	48	33:48:00
270	Shannon Branscomb	Fort Wayne IN	36	34:33:00
271	Sarah Doerffler	Fort Wayne IN	13	34:38:00
272	Tadd Boman	Auburn IN	46	34:36:00
273	John David McPherson	Fort Wayne IN	54	34:46:00
274	Donna Doerffler	Fort Wayne IN	41	34:48:00
275	Darryl Cargo	Fort Wayne IN	46	34:59:00
276	Natalie Nicholas	Indianapolis IN	25	34:54:00
277	Brenda Kolkman	Fort Wayne IN	40	35:04:00
278	Elijah Kreider	Fort Wayne IN	22	35:13:00
279	Dennis Schoff		48	35:17:00
280	Robert Toth	Fort Wayne IN	52	35:17:00
281	Mike Holhs	Fort Wayne IN	40	35:17:00
282	Esther Boller	Roanoke IN	12	35:23:00
283	Mandy Ryan	Fort Wayne IN	28	35:26:00
284	Alec Haggensjos	Fort Wayne IN	23	35:27:00
285	Sarah Woodruff		36	35:15:00
286	Marcus Loudon	Woodburn IN	28	35:25:00
287	John Brier	Fort Wayne IN	63	35:25:00
288	Therese Sotir	Fort Wayne IN	47	35:20:00
289	Rebecca Churchward	Fort Wayne IN	35	35:25:00
290	Andrew Adams	Fort Wayne IN	37	35:28:00

291	Jimmy Woodruff	Brookston IN	63	35:25:00
292	Ashley Wellman		32	35:30:00
293	Jeannie Giese	Fort Wayne IN	38	35:35:00
294	Nelson Bazbarin	Chicago IL	37	35:40:00
295	Erin McKalips	Indianapolis IN	24	35:40:00
296	Margaret Allegeier		17	35:50:00
297	Pamela Wolfe	Fort Wayne IN	54	35:57:00
298	Jamie Summers	Chicago IL	25	35:47:00
299	Ryan Summers	Chicago IL	23	35:48:00
300	Scott Olds	Marion IN	48	35:48:00
301	Larry Arnett	New Haven IN	47	36:02:00
302	John Klingenberg	Fort Wayne IN	40	35:52:00
303	Tyler Koteskey	Fort Wayne IN	12	36:00:00
304	Patricia Nash		43	36:01:00
305	Barb Scrogam	Fort Wayne IN	61	36:07:00
306	Keith Kotesky	Fort Wayne IN	40	36:11:00
307	Tyler Bearman	Fort Wayne IN	24	36:18:00
308	A. J. Arnett	Fort Wayne IN	22	36:21:00
309	Tyler Miller		14	36:00:00
310	Anmmarie Asiala	Fort Wayne IN	35	36:12:00
311	Nicole Lenhof		31	36:15:00
312	Steven Lettau	Clearwater FL	62	36:12:00
313	Foster Brian	Fort Wayne IN	45	36:21:00
314	James Bage	Fort Wayne IN	42	36:21:00
315	Stacey Schortgen	Churubusco IN	23	36:26:00
316	Kende Kelsey	Ft Wayne IN	25	36:15:00
317	Scott Aldrich	Auburn IN	38	36:32:00
318	Theresa Hayes	Fort Wayne IN	24	36:44:00
319	Reginia P		28	36:32:00
320	Mark Moore	Linn Grove IN	45	36:47:00
321	Zach Westrick	Fort Wayne IN	20	36:50:00
322	Don Kramer	Van Wert OH	53	36:52:00
323	Matt Momper	Fort Wayne IN	47	36:50:00
324	Andrew Ellenwood	Fishers IN	33	37:02:00
325	Ellen McKinley	Fort Wayne IN	45	36:59:00
326	Guy Lamott	Fort Wayne IN	43	36:49:00
327	Sandy Junk	Fort Wayne IN	33	36:53:00
328	Brian Keane	Fort Wayne IN	47	36:49:00
329	Mollie Bobay	Fort Wayne IN	19	37:13:00
330	Ali Donovan	Fort Wayne IN	19	37:13:00
331	Kathleen Anderson	Fort Wayne IN	40	37:12:00
332	Josh Bates	Ashburn VA	27	37:07:00
333	Sue Steffy	Fort Wayne IN	41	37:06:00
334	Austin Bower	Garrett IN	28	37:10:00
335	Samuel Flynn	Fort Wayne IN	29	37:14:00
336	Sabrina Donovan	Fort Wayne IN	42	37:28:00
337	Andy McGuire	Fort Wayne IN	15	37:30:00
338	sally allgeier		14	37:30:00
339	Kathy Robbins	Albion IN	45	37:23:00
340	Mitch Smith	Fort Wayne IN	27	37:32:00
341	Justin White	Fort Wayne IN	32	37:45:00
342	Paula Auila	Roanoke IN	30	37:47:00
343	Sue Okleshen	New Haven IN	48	37:56:00
344	Pat Obrian	Fort Wayne IN	44	37:56:00
345	Chad Bauer	New Haven IN	36	37:57:00
346	Lynne Feiertag	Fort Wayne IN	56	37:47:00

347	Maria Blank	Burlington KY	43	38:01:00
348	Megan Donley	Fort Wayne IN	25	38:02:00
349	Jennifer Molnar	Fort Wayne IN	31	38:10:00
350	Brandi Wallace	Fort Wayne IN	30	38:12:00
351	Molly Holsinger	Fort Wayne IN	23	38:27:00
352	Lauren Colglazier	Heltonville IN	26	38:14:00
353	Charles Lill	Fort Wayne IN	39	38:22:00
354	Molly Kurtz	Ft. Wayne IN	26	38:30:00
355	Kris Ohlson	Granger IN	43	38:30:00
356	Mick Bates	Upland IN	50	38:27:00
357	Ashley Gale	Eric PA	23	38:27:00
358	Molly O'Brian-adams	Fort Wayne IN	42	38:38:00
359	John Burda	Chicago IL	40	38:39:00
360	Anne-Mette Parker	Fort Wayne IN	34	38:37:00
361	Christy Wortman	Convoy OH	36	39:03:00
362	Terry Garwood	Leo IN	60	38:54:00
363	Joseph Ryan	Fort Wayne IN	46	39:05:00
364	steve Nash		44	39:02:00
365	Christina Nash	Columbus OH	8	39:02:00
366	Joe Westrick	Fort Wayne IN	43	39:16:00
367	Karen Landrew	Grayslake IL	49	39:20:00
368	Jeanette Jordan	Columbia City	38	39:26:00
369	Kelsy Listenberger	Churubusco IN	14	39:30:00
370	Kayla Listenberger	Churubusco IN	16	39:30:00
371	Terry Foust	Antwerp OH	53	39:12:00
372	Jim Berghoff	Fort Wayne IN	47	39:24:00
373	Rick Hilker	Fort Wayne IN	52	39:24:00
374	Matt Wemhoff	Hillsboro MO	17	39:27:00
375	Jeff Paxson	AZ	38	39:31:00
376	Kim Barker	Fort Wayne IN	33	39:45:00
377	Mike Fuller	New Haven IN	62	39:46:00
378	Alyssa Lehman	Convoy OH	36	39:51:00
379	Charles Foutch	Laurens NY	26	39:43:00
380	Jenni Bates	Upland IN	22	39:44:00
381	Larry Piano	Fort Wayne IN	59	40:01:00
382	Terry Powers	Winona Lake	44	39:53:00
383	John Adams	Fort Wayne IN	45	40:01:00
384	Linda Nicholaus	Fort Wayne IN	58	40:03:00
385	Ken Nicholas	Fort Wayne IN	60	40:03:00
386	Heather Lothamer	Fort Wayne IN	14	40:12:00
387	Patrick Allegeier	Fort Wayne IN	10	40:19:00
388	Terri Allgeier	Fort Wayne IN	41	40:21:00
389	Luke Strick	Van Wert OH	15	40:35:00
390	Karl Dietsch	Fort Wayne IN	69	40:46:00
391	John Lantz	Avilla IN	53	41:05:00
392	Brenda Wiley	Fort Wayne IN	45	40:59:00
393	Jacinta Kindler	Huntertown IN	43	41:08:00
394	Jasmine Foust	Columbus OH	25	41:03:00
395	Brett Astrick	Haviland OH	47	41:26:00
396	Rick Sealscott	Van Wert OH	53	41:28:00
397	Katherine Meyer	Fort Wayne IN	35	41:26:00
398	Kathleen Ahee	Fort Wayne IN	45	41:42:00
399	George Rorick	Monroeville IN	50	42:00:00
400	Robin Dombrowski	Fort Wayne IN	36	41:53:00
401	Dana Budd	Fort Wayne IN	53	42:00:00
402	Dave Kizabach	Fort Wayne IN	47	41:54:00

403	Dawn Milton	Decatur IN	40	42:20:00
404	Mary Bullis	Fort Wayne IN	49	42:32:00
405	Bill Martin	Everett WA	31	42:41:00
406	Barbara Hohenstein	Columbia City	54	42:37:00
407	Julia Matter	Fort Wayne IN	23	42:41:00
408	Gina Maloney	Auburn IN	40	42:42:00
409	Maggie King	Everett WA	34	42:47:00
410	Shannon Winslow	Warsaw IN	11	42:57:00
411	Nate Winslow	Warsaw IN	42	42:58:00
412	John Feiertag	Fort Wayne IN	56	42:32:00
413	Shane Powers	Winona Lake	8	42:52:00
414	Jordan Yarde	Garrette IN	57	42:50:00
415	Jen Ross	Indianapolis IN	30	43:03:00
416	Bobby Ross	Fort Wayne IN	17	43:03:00
417	Beth Fuze		42	43:08:00
418	Rochelle Feldheiser	Roanoke IN	36	43:00:00
419	Ken Tellas	Fort Wayne IN	36	43:05:00
420	Michaella Haggengjos	Fort Wayne IN	45	43:30:00
421	Marta Desimone	Fort Wayne IN	48	43:28:00
422	Jen Neher	Fort Wayne IN	27	43:32:00
423	Kel Preston	Ft. Wayne IN	47	43:33:00
424	Stephanie Rosheck	Fort Wayne IN	29	43:34:00
425	Bethany Beebe	Fort Wayne IN	29	43:47:00
426	Alexandria Ellingwood		10	44:04:00
427	Yolanda Stinchcomb	Fort Wayne IN	50	43:47:00
428	Richelle Miller	Huntertown IN	41	43:57:00
429	Gene Link		66	43:51:00
430	Renee Glismann	Fort Wayne IN	44	43:55:00
431	Brenda Geiser		48	44:07:00
432	Bodil Rasmussen	Fort Wayne IN	62	44:07:00
433	Johni Rasmussen	Fort Wayne IN	67	44:07:00
434	Christy Gripp	Fort Wayne IN	50	44:18:00
435	Nicole Stein	New Haven IN	20	44:22:00
436	Kyle Groves	Fort Wayne IN	21	44:12:00
437	Tracy Chapin		37	44:11:00
438	Lauretta Matter	Fort Wayne IN	54	45:04:00
439	Nancy Boyer	Fort Wayne IN	56	45:07:00
440	Terra Schmidt	Harlan IN	36	45:17:00
441	Andrea Moll	Harlan IN	28	45:17:00
442	April Meuter	Fort Wayne IN	12	46:00:00
443	Ryan Boylan	Fort Wayne IN	12	46:10:00
444	Carrie Boylan	Fort Wayne IN	30	46:18:00
445	Sarah Kleinknight	Fort Wayne IN	64	46:32:00
446	Maria Rittenhouse	Fort Wayne IN	39	46:53:00
447	Michaela Null	Fort Wayne IN	27	46:53:00
448	Chelsea Yoder	Fort Wayne IN	21	46:49:00
449	Mike Holbrook		37	46:51:00
450	Karen Gillie	Fort Wayne IN	36	46:51:00
451	Robyn Habegger	Berne IN	21	46:51:00
452	April Kellaris	Fort Wayne IN	29	46:58:00
453	Vanessa Flynn	Dayton OH	27	47:03:00
454	Pat Menzie		46	47:21:00
455	Joey Berghoff		19	47:35:00
456	Jason Ellert	Fort Wayne IN	29	47:37:00
457	Chrissy Ellert	Fort Wayne IN	29	47:38:00
458	Vincent Blevins	Fort Wayne IN	18	47:43:00

459	Steve Gripp	Fort Wayne IN	54	47:58:00
460	Megan Warner	Fort Wayne IN	17	48:05:00
461	Julie Walda	Fort Wayne IN	39	48:11:00
462	Alan Geiger	Fort Wayne IN	59	48:09:00
463	Tim Muntzinger	Fort Wayne IN	50	48:42:00
464	Emily King		13	48:43:00
465	Kelly Rowland	Fort Wayne IN	29	48:44:00
466	Robin Magger		39	49:07:00
467	Bernie Hucsi ng	Fort Wayne IN	75	50:05:00
468	Jody Dietsch	Indianapolis IN	31	49:56:00
469	Debra Meuter	Fort Wayne IN	43	51:23:00
470	Kate Trahin	Fort Wayne IN	43	51:44:00
471	Brooke Trahin	Fort Wayne IN	8	51:44:00
472	Margie Morris-Parker	Fort Wayne IN	49	51:38:00
473	Beverly Metzger	Fort Wayne IN	46	51:44:00
474	Judy Zacher	Fort Wayne IN	46	52:05:00
475	Anna Wise	Columbus IN	13	53:58:00
476	Linette Barry	Fort Wayne IN	44	53:58:00
477	Andrew Barry	Fort Wayne IN	43	53:59:00
478	Robin Carroll	Auburn IN	44	54:12:00
479	Lisa Thompson	Fort Wayne IN	31	54:12:00
480	Laura Menzic	Fort Wayne IN	44	54:36:00
481	Kathleen Gordon	Fort Wayne IN	43	54:37:00
482	Emily Fischer	Malvern OH	12	55:03:00
483	Pam Wemhoff	Hillsboro MO	52	56:59:00
484	Madelyn Fisher	Malvern OH	11	57:07:00
485	Alyssa Miller	Delphos OH	13	57:13:00
486	Gretchen Corban	Columbus OH	34	57:26:00
487	Nissa Majors	Fort Wayne IN	26	58:46:00
488	Rhea Edmo	Fort Wayne IN	37	1:00:37
489	Tamarah Brownlee	Fort Wayne IN	32	1:00:53
490	Sarah Leone		11	1:01:09
491	Ken Disler	Fort Wayne IN	85	1:01:10
492	James Allgeier		45	1:01:29
493	Mark Marley		56	1:01:15
494	Rick Leone	Fort Wayne	47	1:01:56
495	Beverly Taylor	Fort Wayne IN	47	1:01:55
496	Ryan Bultemeier	Fort Wayne IN	38	1:09:02
497	Beth Bultemeier	Fort Wayne IN	37	1:09:03
498	Tammy Habegger-Spice	Fort Wayne IN	35	1:09:52
499	Courtney Schinbeckler	Fort Wayne IN	28	1:09:53
500	Jade Kelsey	Fort Wayne IN	29	1:11:11
501	Rebecca Fruth	Fort Wayne IN	30	1:13:06
502	Anna Jones	Fort Wayne IN	29	1:13:06
503	Dan Jehl	Fort Wayne IN	60	1:11:51
504	Grace Leone		7	1:20:31
505	Diane Leone	Fort Wayne	43	1:20:31

Stone Steps 50K Trail Race Finishers

9. Linda Keuneke 5:35:43
27. Brad Compton 6:24:32
29. Tom Landis 6:36:32

Running/Training Groups in Fort Wayne

Saturdays:

YMCA Downtown - 7AM - group leaves at 7AM

Usually 8-12 miles with 10-30 people - All levels welcome
Contact: Steve Hilker - smhilker@verizon.net

PR Training -

We do our long runs/walks on Saturdays, and is open to anyone who would like to join us. Check www.myprtraining.com for time/location. Many runners/walkers are thinking ahead to training for the Indianapolis Mini Marathon in May. For a brochure of the 14 week class offered starting in May visit www.myprtraining.com. If you would like to be invited to the PR Training Yahoo Group, email prtraining@comcast.net. This group provides current information on weekly running groups.

Team in Training -

Nathan Arata is the run/walk coach for Team in Training. 95% of runners are beginners. They meet Saturdays at Foster Park. They welcome any level of runner or walker whether they are training for a race or not. Contact Nathan Arata at Nathan_arata@yahoo.com or Kathy Burner katydid0512@yahoo.com for more information:

New Haven -

Group is meeting at Moser Park in New Haven. Distances will vary - usually 8-12 miles. They meet on Saturdays at 7AM. For more information, contact David Swenson at 749-9366 or dswe456204@msn.com.

Born to Run - BTR - Distance Training Group

BTR is a group that meets at various locations around the Ft. Wayne area. The group will be meeting at 8AM on Saturdays. Several people will be training for the marathon distance. For additional information contact Brett Hess at 637-3755 or superhess@msn.com or www.fortwaynebornTORUN.ning.com.

During the Week:

YMCA Downtown - S. Barr St.

Meet in Main lobby

Monday: 5:30AM (5 miles), Wed.: 5:30AM (8 miles),

Fri.: 5:30AM (8+ miles)

Call member services desk in morning if any questions.

422-6486

Three Rivers Running Company

Beginners - Wednesdays - 5:30 pm - Three Rivers Running Company hosts a group run for beginning runners on Wednesday evenings at 5:30 pm. The pace averages a 10-13 minute mile. Call for more information - 496-8000.

ETG Training Group -

If you are interested in training with a group at 6-7 min/mile, contact one of the following runners for more information:

Eric Ade	602-5410	eric@3riversrunning.com
Casey Shafer	402-2541	ghanishrunner@hotmail.com
Matt Blume		matt.blume@jtt.com

*If you have a group you would like added to this list, contact Tammy Behrens at 625-3830 or prtraining@comcast.net.



The Three Rivers Company has relocated to a larger store space. The new location is at 4227 North Clinton St, Fort Wayne, IN 46805. This is just south of the intersection of North Clinton and Coliseum Blvd, next to Kittle's Furniture and across from Scott's Grocery.

With this new location, the store space will be nearly doubling --allowing for larger inventory capacity and a greater array of product offerings. For further information, please visit www.3riversrunning.com or call at 496-8000. Thank you for your continuing support as we evolve to better serve your running and fitness needs!



Happy Birthday!



Bob	Michel	12	-	1	Linda	Brooks	12	-	23	Michael	Lindley	1	-	15
Jim D	Stamper	12	-	2	Mike	Fream	12	-	23	Steve	Nivens	1	-	15
Jim	Martin	12	-	3	Tyler	Wemhoff	12	-	23	Kipp	Bolin	1	-	17
Eugene	Striggle	12	-	4	Sue	McGrew	12	-	24	Steve	Creighton	1	-	18
Brad	Altevogt	12	-	5	Joe	Ziegler	12	-	24	Kelly	Kohlmeyer	1	-	18
Kevin	Truelove	12	-	5	Sam N	Bird	12	-	25	Leah	Deardorf	1	-	19
Dean	Cutshall	12	-	6	Aaron	Landis	12	-	27	Madison	Fruchey	1	-	19
Diana	Schowe	12	-	6	Ramon E	Brown	12	-	28	Robert	Snow	1	-	19
Gary	Wilderhn	12	-	6	Angie	Lockwood	12	-	28	Anna	Mize	1	-	20
Dan	Roy	12	-	7	Bev	Hullinger	12	-	30	Travis	Blanchette	1	-	21
Judy	Tillapaugh	12	-	8	Diane	Post	12	-	30	James E	Bushey	1	-	21
Rhonda	Winkeljohn	12	-	8	Buff	Dormeier	12	-	31	James	Desimone	1	-	21
Steven	Ludwiski	12	-	9	Matt	Logan	12	-	31	James	Payne	1	-	21
Rich	Stephenson	12	-	10	Gloria	Craig	1	-	1	Don	Ashton	1	-	22
David	Craker	12	-	12	Gregg	Pollander	1	-	1	Karl	Dietsch	1	-	22
Sam	Hadley	12	-	12	Aaron	Weiss	1	-	2	Paul	Sturm	1	-	22
John	Klingenberger	12	-	12	Dave	Devoe	1	-	3	Tammy	Behrens	1	-	26
Jennifer	Lee	12	-	12	Paul	Shaffer	1	-	3	Janette	Bowers	1	-	27
Manuel	Martinez	12	-	12	Sarah	Bird	1	-	4	Carla	Brames	1	-	27
Joel	Harter	12	-	13	Steven	Summers	1	-	4	Jeremy	Ogle	1	-	28
Jim	Braun	12	-	14	Jeff	Metzger	1	-	5	Jacob	Ware	1	-	28
Roseann	Simmons	12	-	14	Kate	Desimone	1	-	6	Ben	Gensic	1	-	29
R William	Schmidt	12	-	15	Logan	Pollander	1	-	7	Noel	Hupp	1	-	29
Phil	Suelzer	12	-	15	Steven A	West	1	-	8	John	Lantz	1	-	29
Kenneth E	Disler	12	-	16	Debra	Hess	1	-	11	Kale	Devoe	1	-	30
Rochelle	Alberding	12	-	16	Carter A	Milleman	1	-	11	John	Feiertag	1	-	30
Bobbie	Ashton	12	-	18	Josh	Ware	1	-	11	Cecil	Johnson	1	-	30
Lorraine	Brattoli	12	-	19	Donald	Kramer	1	-	12	Robert	Loomis	1	-	30
John David	McPherson	12	-	19	Scott A	Miller	1	-	12	Fred	Ross Jr.	1	-	31
Ashley	Wellman	12	-	20	Cheryl	Pulver	1	-	13	Theo	VanAntwerp II	1	-	31
Dennis	Logan	12	-	21	Steve	Eyers	1	-	14					
Jean	Bradley	12	-	22	Linette	Barry	1	-	15					
Mark	O'Shaughnessy	12	-	22	Donald	Lindley	1	-	15					

Fort Wayne Orthopaedics Supports FWTC!

Track club members are eligible for preferential appointment times at Fort Wayne Orthopedics (FWO). If an injury occurs, call Peter Paonessa at 436-6326, and let him know you are a member of the FWTC. He will get you an appointment scheduled with a sports medicine specialist. There is also a hotline available for injury-related questions. Call Greg at 438-2225.

Upcoming Races

Dec 15,2007 10am Sat	L	<p>The Gift 5K & 1M - 5K & 1M Hickory Center Elementary School, Fort Wayne, IN <i>Contact:</i> Brian Shepherd or Brett Hess, 700 Westfield Dr., Ligonier, IN 46767, 260 -894-4638 (Brian) 260-969-6610 (Brett) <i>Info/Fees:</i> Cost: Donation for Jed Pearson's website. <i>Email:</i> superhess@msn.com <i>Web site:</i> http://www.runindiana.com</p>
Dec 19,2007 6:30pm Wed	R	<p>Trail Running - Chain-O-Lakes - 6 - 8 miles Chain-O-Lakes State Park - Dock Lake, Albion, IN <i>Contact:</i> Don Lindley, 260 -436-2234 <i>Info/Fees:</i> Fee -\$0- Park Closed - Train with experience trail runners on easy (Trail 7) and moderate(Trails 1 & 2)- no experience necessary. Winter running during dark hours, flashlight or headlamps required. Run/Walk trail 1(1.5 miles) trail 2(1.0 mile); trail 7(1.8 miles). Carpool or meet at boat launch, Dock Lake at 6:30pm. Join us on Wednesday evenings except the 2nd Wed in December and January. Dates: Dec 26th, Jan 2nd, Jan 10th, Jan 16th, Jan 23rd and Jan 30th. Be sure to call or email for any updates or cancellations due to severe weather conditions. <i>Email:</i> lindleyd44@verizon.net <i>Web site:</i> http://www.fwtc.org</p>
Dec 26,2007 6:30pm Wed	R	<p>Trail Running - Chain-O-Lakes - 6 - 8 miles Chain-O-Lakes State Park - Dock Lake, Albion, IN <i>Contact:</i> Don Lindley, 260 -436-2234 <i>Info/Fees:</i> Fee -\$0- Park Closed - Train with experience trail runners on easy (Trail 7) and moderate(Trails 1 & 2)- no experience necessary. Winter running during dark hours, flashlight or headlamps required. Run/Walk trail 1(1.5 miles) trail 2(1.0 mile); trail 7(1.8 miles). Carpool or meet at boat launch, Dock Lake at 6:30pm. Join us on Wednesday evenings except the 2nd Wed in December and January. Dates: Jan 2nd, Jan 10th, Jan 16th, Jan 23rd and Jan 30th. Be sure to call or email for any updates or cancellations due to severe weather conditions. <i>Email:</i> lindleyd44@verizon.net <i>Web site:</i> http://www.fwtc.org</p>
Dec 29,2007 9am Sat		<p>Run to the New Year - 5K Run/Walk Cool Creek Park, Westfield, IN <i>Contact:</i> Don Carr, Tuxedo Brothers, 6265 Boone Ridge, Zionville, IN 46077, 317 -733-3300 <i>Email:</i> tuxbro@indy.rr.com <i>Web site:</i> http://www.tuxbro.com</p>
Dec 29,2007 8am Sat	L	<p>11th Annual The Huff 50KM Trail Run - 50K, 3xRelay, & 1 Loop Fun Run (10.8 Miles) J.Edward Roush Lake, Huntington, IN <i>Contact:</i> The Huff 50K c/o Mitch Harper, 5207 Hopkinson Dr, Fort Wayne, IN 46814, 260 -436-4824 <i>Info/Fees:</i> \$45(12/8) \$55(12/15) \$65 (12/22), !!!There is no day -of-registration!!!! All entries must be postmarked by DECEMBER 22nd. Entry Limit: 50K -300; 3-Person Relay - 70 Teams; 1-Loop - 200. Three loops(10.8 miles), gently rolling, wooded on the Kekionga Trail. <i>Email:</i> mtcharper@aol.com <i>Web site:</i> http://www.HUFF50K.com</p>
Dec 31,2007 2pm Mon	R	<p>CKRR New Year's Eve 5K - 5K Run/Walk UAW 292, Alto & Park Roads, Kokomo, IN <i>Contact:</i> Charlie Skoog, CKRR, 2936 Congress Dr., Kokomo, IN 46902, 765 -457-2607 <i>Email:</i> runckrr@aol.com <i>Web site:</i> http://www.ckrr.us</p>

Jan 01,2008 2pm Tue		6th Annual Hangover Classic - 5K Downtown Whitehouse, Whitehouse, OH <i>Contact:</i> Ed O'Reilly, 419-360-3709 <i>Info/Fees:</i> \$1.00, payable day of race <i>Email:</i> glassmarathon@aol.com <i>Web site:</i> http://www.toledoroadrunners.org
Jan 01,2008 1:00pm Tue	R	Frigid 5K - 5K Kosciusko YMCA, Warsaw, IN <i>Contact:</i> Bill Crane, (888) 268-1236 <i>Info/Fees:</i> Entry fee \$15. <i>Email:</i> runcrane@hotmail.com <i>Web site:</i> http://www.runkra.com
Jan 02,2008 6:30pm Wed	R	Trail Running - Chain-O-Lakes - 6 - 8 miles Chain-O-Lakes State Park - Dock Lake, Albion, IN <i>Contact:</i> Don Lindley, 260-436-2234 <i>Info/Fees:</i> Fee -\$0- Park Closed - Train with experience trail runners on easy (Trail 7) and moderate(Trails 1 & 2)- no experience necessary. Winter running during dark hours, flashlight or headlamps required. Run/Walk trail 1(1.5 miles) trail 2(1.0 mile); trail 7(1.8 miles). Carpool or meet at boat launch, Dock Lake at 6:30pm. Join us on Wednesday evenings except the 2nd Wed in December and January. Dates: Jan 10th, Jan 16th, Jan 23rd and Jan 30th. Be sure to call or email for any updates or cancellations due to severe weather conditions. <i>Email:</i> lindleyd44@verizon.net <i>Web site:</i> http://www.fwtc.org
Jan 05,2008 11am Sat	R	24th Annual Siberian Express - 7.45 Miles Trail Run (New Course) Kickapoo State Park, Danville, IL <i>Contact:</i> Scott Hendren, Siberian Express PO Box 1701, Danville, IL 61834, (217) 469-2134 <i>Info/Fees:</i> \$15 by 11/26; \$20 by 12/20; \$25 thereafter & Race Day. Grand Slam Event - Stay for party w/food,music,&prizes <i>Email:</i> krr@kennekuk.com <i>Web site:</i> http://www.kennekuk.com
Jan 10,2008 6:30pm Thu	R	Trail Running - Chain-O-Lakes - 6 - 8 miles Chain-O-Lakes State Park - Dock Lake, Albion, IN <i>Contact:</i> Don Lindley, 260-436-2234 <i>Info/Fees:</i> Fee -\$0- Park Closed - Train with experience trail runners on easy (Trail 7) and moderate(Trails 1 & 2)- no experience necessary. Winter running during dark hours, flashlight or headlamps required. Run/Walk trail 1(1.5 miles) trail 2(1.0 mile); trail 7(1.8 miles). Carpool or meet at boat launch, Dock Lake at 6:30pm. Join us on Wednesday evenings except the 2nd Wed in December and January. Dates: Jan 16th, Jan 23rd and Jan 30th. Be sure to call or email for any updates or cancellations due to severe weather conditions. <i>Email:</i> lindleyd44@verizon.net <i>Web site:</i> http://www.fwtc.org
Jan 12,2008 9am Sat	L	Fox Island - Fox Trotters Trail Running 2008 (New) - up to 5K Fox Island, Fort Wayne, IN <i>Contact:</i> Ron Zartman/Don Lindley, 7324 Yohne Road, Fort Wayne, IN 46809, 260-449-3186 <i>Info/Fees:</i> Fee: \$2/gate fee; or \$15 annual pass per year from date of purchase. No fee per session. Join a training group for beginning runners and walkers. Weekly trail run/walk, more information to come. Meet and train with experience trail runners. Look for updates for further detail and a tentative date for x-c skiing. Set a goal for yourself and keep in shape for spring break. <i>Email:</i> rzartman@allencountyparks.org <i>Web site:</i> http://www.fwtc.org

Jan 13,2008 2pm Sun		35th Annual Dave's Running Shop 10 Mile Shoe Run - 10 M Delta High School, Delta, OH <i>Contact:</i> Jamie Mason, Dave's Performance Footgear, 5700 Monroe, Sylvania, OH 43560, 419 -822-9812 <i>Email:</i> http://toledoroadrunners.com <i>Web site:</i> http://toledoroadrunners.org
Jan 13,2008 3pm Sun	L	Fox Island - Fox Trotters Trail Running 2008 (New) - up to 5K Fox Island - Allen County Parks & Recreation, Fort Wayne, IN <i>Contact:</i> Ron Zartman/Don Lindley, 7324 Yohne Road, Fort Wayne, IN 46809, 260 -449-3186 <i>Info/Fees:</i> Fee: \$2/gate fee; or \$15 annual pass per year from date of purchase. No fee per session. Join a training group for beginning runners and walkers. Weekly trail run/walk, more information to come. Meet and train with experience trail runners. Look for updates for further detail and a tentative date for x-c skiing. Set a goal for yourself and keep in shape for spring break. <i>Email:</i> rzartman@allencountyparks.org <i>Web site:</i> http://www.fwtc.org
Jan 16,2008 6:30pm Wed	R	Trail Running - Chain-O-Lakes - 6 - 8 miles Chain-O-Lakes State Park - Dock Lake, Albion, IN <i>Contact:</i> Don Lindley, 260 -436-2234 <i>Info/Fees:</i> Fee -\$0- Park Closed - Train with experience trail runners on easy (Trail 7) and moderate(Trails 1 & 2)- no experience necessary. Winter running during dark hours, flashlight or headlamps required. Run/Walk trail 1(1.5 miles) trail 2(1.0 mile); trail 7(1.8 miles). Carpool or meet at boat launch, Dock Lake at 6:30pm. Join us on Wednesday evenings except the 2nd Wed in December and January. Dates: Jan 16th, Jan 23rd and Jan 30th. Be sure to call or email for any updates or cancellations due to severe weather conditions. <i>Email:</i> lindleyd44@verizon.net <i>Web site:</i> http://www.fwtc.org
Jan 19,2008 Sat/Sun	R	Chili Hilly Stage Race - 1M,10M,5K,4M,10K Bradford Woods, Bloomington, IN <i>Contact:</i> Jamie and Jason Feagans, 3044 Mattatha Dr., Bloomington, IN 47401, 812 -824-6728 <i>Info/Fees:</i> \$125- Fee <i>Email:</i> jamiefeagans@yahoo.com
Jan 19,2008 10am Sat	R	Portland Winter Run - 5K Portland High School - half-way between Lansing & Grand Rapids, Mi off I96, Porland, MI <i>Contact:</i> Dave Hoort, 230 Kent Street, Portland, MI 48875, 517 -647-7873 <i>Info/Fees:</i> \$10/Students,\$15/Individuals,\$40/Family postmark by 1/10; \$18 thereafter. A small town run put on by runners for runners. Best post race in mid -Michigan area, features ribs from Applebees, homemade vegetarian chili, fresh bread from the Great Harvest, Little Debbie snackcakes, donuts from Krispy Kreme, hot chocolate, coffee, fruit ,PWP toothbrushes,etc. <i>Email:</i> dahoort@yahoo.com <i>Web site:</i> http://portlandrunningclub.homestead.com
Jan 23,2008 6:30pm Wed	R	Trail Running - Chain-O-Lakes - 6 - 8 miles Chain-O-Lakes State Park - Dock Lake, Albion, IN <i>Contact:</i> Don Lindley, 260 -436-2234 <i>Info/Fees:</i> Fee -\$0- Park Closed - Train with experience trail runners on easy (Trail 7) and moderate(Trails 1 & 2)- no experience necessary. Winter running during dark hours, flashlight or headlamps required. Run/Walk trail 1(1.5 miles) trail 2(1.0 mile); trail 7(1.8 miles). Carpool or meet at boat launch, Dock Lake at 6:30pm. Join us on Wednesday evenings except the 2nd Wed in December and January. Dates: Jan 23rd and Jan 30th. Be sure to call or email for any updates or cancellations due to severe weather conditions. <i>Email:</i> lindleyd44@verizon.net <i>Web site:</i> http://www.fwtc.org

Jan 26,2008 8am Sat		Mountain Mist 50K Trail Run - 50K (31 miles) Monte Sano Park Lodge, Huntsville, AL <i>Contact:</i> Dink & SuzanneTaylor, Fleet Feet Sports, 2750 Carl T Jones Dr Ste 1200T, Huntsville AL 35802, 256-650-7063 <i>Email:</i> suzanne@fleetfeethuntsville.com <i>Web site:</i> http://www.huntsvilletrackclub.org
Jan 29,2008 5:30 am or 6 pm	L	Indy Mini Training - PR Training - 13.1 miles by May 3rd, 2008 Jorg Y or IPFW, Fort Wayne, IN <i>Contact:</i> Tammy Behrens, 11827 Crossway Drive, 260-625-3830 <i>Info/Fees:</i> Join a 14 week training group on Tuesday mornings or evenings for runners or walkers. Weekly classes with appropriate topics and guest speakers to coordinate with a detailed training schedule. Tammy Behrens is a Road Runners Club of America certified running coach. Set a goal to complete your first half marathon in 2008 or run/walk a PR! <i>Email:</i> prtraining@comcast.net <i>Web site:</i> http://www.myprtraining.com
Jan 30,2008 6:30pm Wed	R	Trail Running - Chain-O-Lakes - 6 - 8 miles Chain-O-Lakes State Park - Dock Lake, Albion, IN <i>Contact:</i> Don Lindley, 260-436-2234 <i>Info/Fees:</i> Fee -\$0- Park Closed - Train with experience trail runners on easy (Trail 7) and moderate(Trails 1 & 2)- no experience necessary. Winter running during dark hours, flashlight or headlamps required. Run/Walk trail 1(1.5 miles) trail 2(1.0 mile); trail 7(1.8 miles). Carpool or meet at boat launch, Dock Lake at 6:30pm. Join us on Wednesday evenings except the 2nd Wed in December and January. Be sure to call or email for any up dates or cancellations due to severe weather conditions. <i>Email:</i> lindleyd44@verizon.net <i>Web site:</i> http://www.fwtc.org
Feb 02,2008		Bop to the Top - 37 Floor Stairclimb One America Bldg, downtown Indy, Indianapolis, IN <i>Contact:</i> Don Carr, Tuxedo Brothers, 6265 Boone Ridge, Zionville, IN 46077, 317-733-3300 <i>Email:</i> tuxbro@indy.rr.com <i>Web site:</i> http://www.tuxbro.com
Feb 03,2008 1pm Sun	R	36th Annual Groundhog 7 - 7 Miles Zionville High School, 1000 Mulberry St, Zionville, IN <i>Contact:</i> Willis Hulras, Indy Runners, 317-989-2357 <i>Info/Fees:</i> No Entry Fee: INDY RUNNERS presents Indiana's oldest continuously held seven mile road race. Enter Online, No Fee <i>Email:</i> groundhog@indyrunners.org <i>Web site:</i> http://www.indyrunners.org
Feb 09,2008 2:00 pm	LP	Fanny Freezer 5K (FWTC Pts Race) - 5K Shoaff Park, Fort Wayne, IN <i>Contact:</i> Mac McAvoy, 260-710-1703 <i>Info/Fees:</i> Race day registration only (no pre-registration) starting at 1:00 pm. <i>Email:</i> clanmac@adamswells.com <i>Web site:</i> http://www.fwtc.org
Feb 10,2008 5:00 pm Social / 5:30 pm Dinner	L	31st Annual FWTC Banquet IPFW Walb Student Union (Ballroom), Fort Wayne, IN <i>Contact:</i> Judy Tillapaugh, 260-456-3277 <i>Info/Fees:</i> 2007 Points Awards; Special FWTC Awards; Outstanding HS Running Awards; Door Prizes Adults: \$7.00 Under 18: \$3.50 (\$20 max per family) <i>Email:</i> tillapau@ipfw.edu <i>Web site:</i> http://www.fwtc.org

<p>Feb 16,2008 Sat, 8am</p>		<p>5th Annual Louisville's Lovin' The Hills 50K & 15M Trail Runs - 50K & 15m Jefferson Memorial Forest, Louisville, KY <i>Contact:</i> Headfirst Performance c/o Cynthia, 7024 Buckcreek Rd., Finchville, KY 40022, (www.active.com -on line) <i>Info/Fees:</i> \$50-pre; \$60-post; Time Limit:10 hours; Field Limit: 125; Unique event momento, finisher medal, post race food. <i>Email:</i> cynthia@headperformance.com <i>Web site:</i> http://www.cherokeeroadrunners.org/</p>
<p>Mar 01,2008 10am Sat</p>	<p>R</p>	<p>Think Spring - 5K Run & 1 Mile Run Ligonier Elementary, Ligonier, IN <i>Contact:</i> Brian Shepherd, 700 Westfield Dr, Ligonier, IN 46767, 260 -894-4638 <i>Info/Fees:</i> Pre-\$10, Race Day-\$12. (1 Mile @10:30am) <i>Email:</i> shepherdb@westnoble.k12.in.us</p>
<p>Mar 22,2008 11am Sat(NewTime)</p>	<p>LP</p>	<p>28th Annual Nutri-Runs - 20K & 5M Run/Walk (Both are Point Races) The Chapel, 2505 West Hamiton Road, Fort Wayne, IN, Fort Wayne, IN <i>Contact:</i> Mike Thurston, 304 E 700 N., Huntington, IN 46750, 260 -418-9013 <i>Info/Fees:</i> \$10-by 2/23, \$15-thereafter; 18&Under -\$7-by 2/23, \$10-thereafter; Military & Team In Training -\$7-by 2/23, \$12-thereafter, NEW START TIME AND BOTH RACES ARE POINT RACES. <i>Email:</i> thursma@hotmail.com <i>Web site:</i> http://www.fwtc.org</p>
<p>Mar 29,2008 9am Sat</p>	<p>R</p>	<p>Huntington Baptist 5K Run/Walk - 5K 2435 Waterworks Road, Huntington, IN <i>Contact:</i> Steve Eyers, 7984 S 350 W, So. Whitley, IN 46787, 260-723-6494 <i>Info/Fees:</i> No Entry Fee (Free) Free T-shirts to the first 50 entries, many door prizes. <i>Email:</i> seyers@fwi.com <i>Web site:</i> http://www.huntingtonbaptist.org</p>
<p>Mar 29,2008 1pm Sun</p>		<p>39th Annual Sam Costa Half Mar & Quarter-Mar - 13.1M & 6.55M Northview Christian Life Church, 5535 E 131st St.,Carmel , IN 46033, Carmel, IN <i>Contact:</i> Terry Townsend <i>Email:</i> samcosta@indyrunners.org <i>Web site:</i> http://www.indyrunners.org</p>

Fort Wayne Track Club Member Profile

The Inside Track Newsletter would like to hear from our FWTC members! Please fill out this profile form and return to: FWTC Newsletter, PO Box 11703, Fort Wayne, IN 46860, or email us at matthew.c.parker@hotmail.com. We would like to hear from as many members as possible.

Name _____

Occupation _____

Birth date _____

Family _____

Pets _____

Hobbies or Interests _____

Favorite Family Activities _____

Running shoe brand: Years running/walking _____

Favorite distance to run/walk & PR _____

Favorite after racing/training food _____

Favorite place to train/race _____

Why do you run/walk _____

Favorite item of clothing _____

Favorite movie/TV show/book _____

Favorite music _____

Collections _____

Favorite vacation destinations _____

Most prized possession _____

Has there been an inspiration to your running/walking? _____

Do you have a dream? If so, explain _____

FWTC Runners, Walkers, Volunteers, and Spectators

The readers of Inside Track would like to hear about the races you attend. Please take a few minutes to email your experiences and pictures to matthew.c.parker@hotmail.com. Use the form below or your own words to write an article about the race.

Name _____

Race & Distance _____ Date _____

Your Time _____ Number of Runners _____

Weather Conditions _____

What you liked about the race _____

Other FWTC members attending _____

Other comments _____

The Fort Wayne Track Club Newsletter Wants You!

The Fort Wayne Track Club Newsletter is published 6 times a year on the first of February, April, June, August, October, and December. Members are encouraged to submit articles, photographs, event announcements, and other items of interest to the local running community. The deadline for submitting materials is approximately two weeks before publication. Help with the newsletter is always needed and appreciated! If you are interested in writing or soliciting articles, taking photographs at local events, or helping with graphic layout and design, call Matt Parker at 489-0541 or email at matthew.c.parker@hotmail.com!

Fort Wayne Track Club Means Volunteers!

The Fort Wayne Track Club is run by volunteers. You can help! Please indicate your area(s) of interest and get involved today!



Name: _____

Phone: _____

Email: _____

- Board Member
- Race Director Assistant Race Director
- Races
 - Finish Line Course Setup
 - Timing Aid Stations
 - Applications Transportation
 - Advertising/Promotions Results
- Equipment Coordinator
 Timing equipment, finish line, course markers
- Newsletter
 Production, Editing, Graphics, Articles, Photos, Advertising
- Website
 Maintenance, Graphics, Articles, Photos, Email, Advertising
- Membership
- FWTC Banquet
- Advertising/Promotions (race sponsors, flyers)
- Anywhere
- Other: _____

Show your support for your Fort Wayne Track Club

Mail this form to Fort Wayne Track Club P.O. Box 11703
Fort Wayne, IN 46860-1703

Or contact any board member!

Attention Track Club Members

Please notify Don Lindley when you change your address. The post office will not forward the Inside Track even if you have notified the post office of the change. It costs the FWTC for additional postage and for printing extras when newsletters have to be mailed again.

Notify Don Lindley at:
lindleyd44@verizon.net or
(260) 432-5998 or (260) 436-2234 or
FWTC
PO Box 11703
Fort Wayne, IN 46860-1703

Advertising Rates

	1 Issue	3 Issues	6 Issues
Full Page	\$75	\$200.00	\$325.00
Half Page	\$40.00	\$110.00	\$175.00
Quarter Page	\$25.00	\$65.00	\$100.00
Business Card	n/a	n/a	\$50.00
Inside Cover (front or back)	\$300.00	\$750.00	\$1200.00

Full page race application inserts (includes printing results in the newsletter) 10 x entry fee if paid in advance, otherwise 12 x entry fee.
Minimum \$35.00

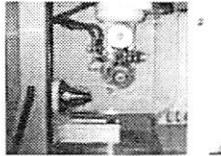
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Tom Landis



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